

# THE Messenger

free weekly • also available online • @messengermagazine

Lakes, Bay & Region • September 24 2016



## ON YOUR BIKE!

**NEW 12.6KM, 3M WIDE SHARED PATHWAY RUNNING THE LENGTH OF THE REDCLIFFE PENINSULA LINE NOW OPEN**

**LEONIE:** I REFUSED TO TAKE A BONE MARROW COMPATIBILITY TEST THAT MIGHT HAVE SAVED MY ABUSER



**COMPLETE PAIR FROM \$99**

**UPGRADE TO TRANSITION OR POLARISED  
FOR ONLY \$50 ON 2 PAIR DEALS**

✓ Huge savings on all stock

✓ 2 Pair no gap range

✓ Designer pair no gap range

✓ ALL Sunglasses & Contact lenses discounted

**DON'T MISS OUT!**  
**SALE ON UNTIL 31<sup>ST</sup> OCTOBER**  
or until stock runs out.

**10AM-3PM | OPEN SUNDAYS BY APPOINTMENT**  
**SINGLE VISION GLASSES READY IN 30 MINUTES!**  
**GREAT VALUE, BETTER SERVICE!**

**Westfield North Lakes**  
**[www.eyetoeyeopty.com.au](http://www.eyetoeyeopty.com.au)**

**Ph: 3482 3766**





# OPEN YOUR EYES WHEN YOU VISIT OUR DISPLAY HOME

Unlike our competitors, most of what  
you see are our standard inclusions.



HOMES  
byCMA

creative • modern • affordable

## OFFICE & SHOWROOM:

Unit 2 / 1 Wills Street, North Lakes  
(Business Park)

☎ (07) 3188 9323 (Ask for Anthony)

☎ Anthony Doe 0409 560 873

✉ anthony@homesbycma.com.au

## DISPLAY HOME LOCATED:

4 Bedarra Crs, Burpengary East,  
North Harbour

**Open 10am-5pm 7 days**

QBCC Lic 1162948



[www.homesbycma.com.au](http://www.homesbycma.com.au)

\*Best price based on same size home and level of luxury inclusions.



# ATLANTIS

POOL SERVICES



**COME AND SEE US FOR ALL  
YOUR POOL & SPA NEEDS**



Like us on  
Atlantis Pool Shop North Lakes



**ENJOY GOOD CLEAN FUN  
IN YOUR CRYSTAL CLEAR  
POOL THIS SUMMER**

**UNIT 4, 14 BURKE CRES.  
NORTH LAKES**

**Operating Hours**

**Mon to Fri 8am to 5pm**

**Sat 8am to 2pm / Sun 9am to 1pm**

**PH: 3491 9700**

**Paul 0418 712 909**

# THE Messenger

Now in its twelfth year, the Messenger is your free weekly publication. Wholly owned, operated and produced locally. Proudly independently published.  
ABN 129 5493 7979.

## CONTACT US

### NEWSROOM/EDITORIAL/SUBMIT A STORY

The Messenger is dedicated to the community and we welcome contributions from residents, community groups, schools, sporting groups, the private sector and institutions of higher education. Email your reports and pictures to Editor Dan Fidler via:

**editor@northlakesmessenger.com.au**

### ADVERTISING

For all advertising rates, specifications, templates conditions and bookings please contact our advertising department on **3881 3322** Tuesday to Thursday. Other times please call **0488 112 822** or email:

**adz@northlakesmessenger.com.au**

### Please note:

- Business hours are week days 9am to 5 pm.
- All advertising is to be pre-paid.
- Advertising deadline is 12 midday Thursday one week prior. Incomplete art due Tuesday midday one week prior.

### Payments

Payments or accounts please call Nick on **1300 300 608** Monday to Thursday or email:

**accounts@northlakesmessenger.com.au**

### Credit Cards & Direct Deposit:

Bank of Queensland

BSB: 124185

A/C: 20169347

### Cheques:

PO Box 127 North Lakes, QLD 4509

### DISTRIBUTION/DELIVERIES/REQUEST COPIES

For all distribution enquiries and requests please contact our Distribution Manager, Ali Hunt via:

**distribution@northlakesmessenger.com.au**

### OTHER CONTACTS

For the Community Notice Board and Your Say please email:

**community@northlakesmessenger.com.au**

observing the requisites and disclaimers printed on their relevant pages.

### DISCLAIMER

No all opinions expressed in this publication are necessarily those of the publishers. No responsibility is taken by the Messenger for any errors, misleading information or the validity of the advertising content. The articles, information and anecdotes are not necessarily the original work of the editor or writers.

### INDEMNITY

By advertising or submitting with the Messenger you agree to indemnify the publication, its staff and owners, against any claims.

*The Messenger would like to acknowledge the traditional owners and elders of the lands and waters within the Moreton Bay Region and surrounds, both past and present.*





# Australian Financial Advisers

Evergreen Centre,  
Unit 8, 14 Discovery Drive,  
North Lakes



## New Investment Workshop Foundations of Wealth Creation

**Do you have all your finances in order?  
Are you able to tick off each item YES?**

- |                        |                                 |
|------------------------|---------------------------------|
| ■ Debt Reduction       | ■ Understanding Property        |
| ■ Budgeting and Tax    | ■ Understanding Share Investing |
| ■ Manage your Cashflow | ■ Retirement Planning           |
| ■ Risk Management      | ■ Estate Planning               |

If you have answered NO to any of the above, then call us! We can provide expert advice and assistance with all aspects of Financial Planning. No matter what your situation call now for an obligation free appointment.

### 2016 Series of Investment Workshops

- |                      |                               |
|----------------------|-------------------------------|
| • Estate Planning    | • Super & Retirement Planning |
| • Property Investing | • Investing in Shares         |



For more information, book an appointment to see an advisor between Monday & Saturday or to register for the Workshop

**Register your attendance by calling:**

# 3385 0565

**Contact us:**  
[northlakes@afanet.com.au](mailto:northlakes@afanet.com.au)  
[www.afawebsite.com.au](http://www.afawebsite.com.au)

Fenton Financial Management Pty Ltd T/A Australian Financial Advisers and Craig Fenton are authorised Representatives of GWM Adviser Services Limited ABN 96 002 071 749, trading as MLC Financial Planning and Australian Financial Services Licensee, Registered Office at 105-153 Miller Street, North Sydney NSW 2060



# Gold! For Moreton Bay's Lakeisha Patterson

Congratulations to Caboolture resident Lakeisha Patterson for her outstanding Gold Medal winning swim this morning at the 2016 Paralympic Games

The St Colomnan's College student who trains at the Lawnton Pool broke the World Record to secure the Gold Medal in the S8 400m swimming final, in a time of 4:40.33. It was Australia's first gold medal of this year's Paralympic Games.

Mayor Allan Sutherland praised the 17 year-old swimmer, who won the Young Sportsperson of the Year award in Moreton Bay Regional Council's Australia Day Awards in 2015.

"Lakeisha's achievement is absolutely outstanding and I want her to know that our whole region is proud of her," Mayor Sutherland said.

"This girl is the epitome of guts, having pushed through enormous challenges from a very young age to beat adversity and earn this tremendous achievement. What a fantastic role model she is for the young people of this region."



"Her nickname may be lucky, but I don't think luck has anything to do with the achievements of this remarkable, gutsy and hard-working athlete."

Lakeisha, who has cerebral palsy, early onset Parkinson's disease and epilepsy, took up swimming at the age of five at the Bribie Island Aquatic Centre as therapy for her cerebral palsy, and continued through the pool's junior squad programs. Her first swim teacher and junior squad coaches still work at the Bribie Island Aquatic Centre.

If you know an outstanding local athlete and want to nominate them for a Moreton Bay Regional Council Australia Day Award, go to [www.moretonbay.qld.gov.au/ausawards/](http://www.moretonbay.qld.gov.au/ausawards/)

All of Moreton Bay Regional Council's pools and aquatic centres will be open throughout the summer season, which begins in mid-September.

Moreton Bay Regional Council was proud to support Lakeisha Patterson with a \$1000 Individual Achievement Grant from its Community Grants Program to help her on her way to Rio. For more information about council's grants and funding programs, go to <https://www.moretonbay.qld.gov.au/grants/>

Pictured: 2016 Paralympic Gold Medallist Lakeisha Patterson with former swimming coaches Megan Saunders (left), who taught her to swim, and her Junior Squad Training Coach, Suellen Fraser (right), at the Bribie Island Aquatic Centre, where she first learned to swim and did squad training as a junior.

imagine  
what's possible  
with a smile

**embrace<sup>™</sup> life**

You need to get your teeth straight and you want a great smile but you also want a life – right? At **ethos<sup>™</sup>** we do the serious work but keep it fun for kids and teens too. We're specialists in **clear** and **coloured braces** and **Invisalign Teen<sup>®</sup>**. It's all about embracing life – now and in the future. So don't stress. Think of all the things to smile about!

[ethosorthodontics.com.au](http://ethosorthodontics.com.au) | 07 3349 5266 | **NO REFERRAL NECESSARY**

**ethos<sup>™</sup>**  
orthodontics

## Why choose ethos?

- Adult orthodontic specialists
- Highly skilled team
- Superior treatment options

- Flexible appointment times and payment plans
- Relaxing treatment environment
- 11 convenient locations

ETH0002-Y-M0002





Zonta's Night of Hope 2016 is on Friday October 14, in support of women's mental health

# Zonta's Night of Hope

The Zonta Club of Redcliffe are again hosting their annual Night of Hope, this year focusing on fundraising to support women's mental health via services provided to Redcliffe Peninsula women by Hopes Room and After Care.

Hope's Room Limited is a unique organisation, providing mental health education, support and advocacy for parents in the perinatal period from the perspective of someone with lived experience and alongside the support provided by mental health professionals. They provide peer support to parents through peer support groups called "Rooms" that help parents suffering perinatal mental illness. They are opening a new Room in Redcliffe in 2017.

Zonta Redcliffe's previous Night of Hope Fundraisers have been successful with last year's event raising over \$7000 for Hummingbird House Children's Hospice.

Zonta Redcliffe has been working in the community since 1980. Previous fund raising outcomes include the

first Snapdragons boat, Side by Side Breast cancer support video, which has been distributed across Australia, the local women's refuge and more recently a focus on anti-Domestic Violence campaigns and support – the release of the Zapp mobile youth DV app in 2015 and the annual Dolphins Football day at Dolphin oval during Family and Domestic Violence month each May.

Zonta International is a global organisation whose goals are to improve the legal, political, economic, education, health and professional status of women at a global and local level through service and advocacy.

The Night of Hope fundraising dinner and auction is supported by local business and is being hosted by Mon Komo and will include guest speakers. The event promises to be bigger than ever this year with exciting raffle prizes and auction.

Zonta's Night of Hope is on Friday October 14, 6.30pm at Mon Komo Hotel, 99 Marine Parade, Redcliffe.

Contact Sammy 0457 426 806 or [info@zontaredcliffe.org.au](mailto:info@zontaredcliffe.org.au) for more info

Tickets are available from <https://www.trybooking.com/MQXS>

take on the world with your smile

our **ethos**™ your experience.

Get high-impact results with low-visibility, straightforward treatment. Our specialist orthodontists use **clear braces**, **Invisalign®** and **Incognito®** to keep things discreet – and appointments fit in with your lifestyle too. For lasting oral health and a smile that's more than skin deep, trust **ethos**™. It's not just about the best smile. It's the best experience.

[ethosorthodontics.com.au](http://ethosorthodontics.com.au) | 07 3349 5266 | NO REFERRAL NECESSARY

**ethos**™  
orthodontics

## Why choose ethos?

- Adult orthodontic specialists
- Highly skilled team
- Superior treatment options

- Flexible appointment times and payment plans
- Relaxing treatment environment
- 11 convenient locations

ETH0620-A-000003





North  
Lakes Koala  
Habitat Tree  
Planting

**Hello everyone,**

I recently had the pleasure of attending two musical extravaganzas produced by our local schools.

'Annie' was the second musical production for St Benedicts College's and included a cast of 70 students.

'The Lion King Jr' was Bounty Boulevard State School's sixth production with a cast of 40 students.

A big congratulations to everyone involved in the making of these spectacular productions. I thoroughly enjoyed both performances. We certainly have some very talented young people in Division 4.

### **North Lakes Koala Habitat Tree Planting**

Around 35 people joined me at North Ridge Circuit, North Lakes on Sunday 11 September to help complete the planting of a total of 1200 koala habitat trees. Neighbouring residents, staff from the North Lakes Veterinary Hospital, Mango Hill and North Lakes Environment Group and the Pine Rivers Koala Care Association all attended to plant the remaining 200 seedlings in record time after which sausages and drinks were offered for brunch by the North Lakes Lions Club.

Moreton Bay Regional Council arranged the koala habitat planting event to commemorate September as Koala Awareness Month. The site is a 1 hectare site that links a significant regional wildlife corridor along Saltwater Creek. The site is subject to a multiple-year revegetation contract between Moreton Bay Regional Council and 'Landscape Conservation', and a further 1200 plants will be planted in the inter-rows next year.

### **Moreton Bay Rail Link Shared Pathway**

The 12.3km duplicate shared user path opened on 17 September and will give residents and visitors the opportunity to familiarise themselves with the train line ahead of services commencing on October 4. The shared path will link users from Kippa-Ring right through to Petrie.

It's great for families and visitors who want to explore our region on foot or bike. With more than 36 connections with other local pathways, the shared path means commuters can easily access their nearest station without having to drive.

The shared path is three metres wide throughout, meaning there's plenty of room for pedestrians, cyclists, people on mobility scooters, pram users and other users, while the pathway's steady, flat surface means it's suitable for people of all abilities. It also includes all-abilities exercise equipment, as well as a number of community-created art projects for you to discover as you make your way along the line. There's also seating at various locations.

My next visit to the North Lakes Library will be on Wednesday 5 October from 10am – 11am. Come along if you have any Council issues you would like to discuss with me.

**Julie Greer, Councillor for Division 4 Moreton Bay Regional Council.**

PO Box 159 CABOOLTURE QLD 4510. Council : 3480 6666. Office : 3480 6705. Mobile: 0409 274 517.  
Email: [Julie.greer@moretonbay.qld.gov.au](mailto:Julie.greer@moretonbay.qld.gov.au).

**FOR 24 HR EMERGENCY ASSISTANCE FROM COUNCIL CALL 3480 6666.**

## **Upcoming Events**

The Moreton Bay Region has many events and activities on offer, for a variety of ages. Visit [www.moretonbay.qld.gov.au](http://www.moretonbay.qld.gov.au) to start exploring the Moreton Bay Region.

### **North Lakes State College Multicultural Carnival Markets Sunday 16 October**

The annual College Carnival commences at 12 noon and finishes with a massive fireworks display at 7.30pm. There's plenty for the whole family to enjoy with international food stalls, amusement rides, an art exhibition and much more

### **Pine Rivers Park Series Park Sounds**

#### **Saturday 12 November 2016**

Moreton Bay Region Industry & Tourism (MBRIT) has scheduled two annual concerts for Pine Rivers Park, Strathpine. The first Park Sounds is aimed at over 18's and will feature internationally renowned hip hop group Bliss n' Eso. It will be a licensed event with police and security arrangements in place. For more information and to purchase tickets, visit [www.parksounds.com.au](http://www.parksounds.com.au).

A second concert will be held in 2017, date to be confirmed and yet to be named, with a theme of Aussie Rock and will be aimed at the 30+ age bracket.



# CAN YOU LIVE WITHOUT BATTERIES?

It's 2016 and your life is run by batteries. Not sure about that? Take a look in your house, your car, your garage, your handbag... or even your back pocket.

Batteries are in everything, from your phone to your robot vacuum - most things in your life need a battery to keep it powered. Battery World Rothwell has batteries for work, home and play.

With batteries to keep your laptop, NBN power supply, mobile phone, car, motorbike, scooter, car garage, TV remote, smoke alarm, toys, clocks, lawn mowers and everything else running, they really do stock batteries for everything.

For a huge range of batteries at a great price, see the experts at Battery World Rothwell to pick up your batteries today - they're open 7 days a week and can be found in the Zone across from Office Works in Rothwell.

**Phone 3204 0833.**

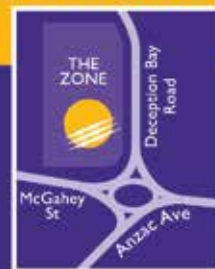


**Car struggling to start?  
Might be time for a new battery!**



**Battery World Rothwell has  
batteries for Mazdas, BMWs, Toyotas, Jeeps  
Mitsubishis, Hyundais and most other brands.  
Drop by today!**

Find us at 743 - 757 "The Zone",  
Deception Bay Rd, Rothwell  
**Ph: 3204 0833**  
**Open 7 days!**



BOQ NORTH LAKES

**NEED a  
MOTOR VEHICLE or  
COMMERCIAL VEHICLE  
for your BUSINESS?**



BOQ has you covered  
up to \$150k\*



**With NO FINANCIAL STATEMENTS REQUIRED (subject to  
qualifying criteria) you'll be on the road in no time.**

- For passenger cars, commercial utilities, vans & light commercial vehicles
- Finance amount up to \$150,000
- Asset must be purchased from a licenced dealer or BOQ recognised supplier
- Asset (new or used) must be no more than 3 years old
- Borrowers ABN must be registered for at least 2 full consecutive years and be registered for GST for at least 2 consecutive years
- Must have a clear Veda report on all borrowers and guarantors
- The borrower, guarantor, spouse/partner or related company or trust must be a property owner. For non-property owners, a 20% cash deposit or trade-in equity has been negotiated
- This offer is not available for PAYG applications, Private Sales, sale & leaseback

We challenge you to find a better deal on Motor Vehicle or Commercial Vehicle Finance. If you do, we'll try our best to match it.



**IT'S POSSIBLE to  
LOVE A BANK** BOQ

Pop into BOQ North Lakes  
and say hi to Owner-Manager  
Jeff Walls

**0419 642 906**

[jeff.walls@boq.com.au](mailto:jeff.walls@boq.com.au)

Equipment finance is provided by BOQ Equipment Finance Limited ABN 78 008 482 582 (BOQEF). BOQEF is a wholly owned subsidiary of Bank of Queensland Limited ABN 32 009 656 740 (BOQ). BOQ does not guarantee or otherwise support the obligations or performance of BOQEF or the products it offers. Full terms and conditions available at any BOQ branch. \*Fees and charges are payable. BOQEF's standard credit assessment criteria apply. Qualifying criteria includes: Offer valid between 1/11/15 to 31/12/15, approved and settled. BOQEF may not be able to meet all competitors quotes based on the proposed interest rate and credit assessment of the applicant and reserves the right to request a copy of a competitors quote to validate the authenticity of the quote. For passenger cars, commercial utilities or vans. Only available for motor vehicle finance up to \$150,000 and customer exposure limits apply (for new BOQEF customers and BOQEF customers less than 1 year: \$150,000 and for existing BOQEF customers of 1 year or more: \$250,000). The vehicle must be a passenger car, utility or van and no more than 3 years old. Borrowers ABN must be registered for at least 2 full consecutive years and be registered for GST for at least 2 consecutive years. Clear Veda report on all borrowers and guarantors. The borrower, guarantor, spouse/partner or related company or trust is a property owner (the borrower or guarantor must be a director, material shareholder or material beneficiary of the related company/trust). For non-property owners a 20% cash deposit or trade-in equity has been negotiated.



# On your Bike!

(or mobility scooter, pram, skateboard, roller blades... or just walk)

The new 12.6km, 3m wide shared pathway running the length of the Redcliffe Peninsula Line is now open to the public

The new shared path that runs alongside the Redcliffe Peninsula Line opened to the public on Saturday September 17. The path links users from Kippa-Ring right through to Petrie, making it a great way to get out there and explore our region.

Moreton Bay Regional Council's Economic Development and Tourism Spokesperson, Councillor Julie Greer welcomed the opening of the shared user pathway, which connects all six stations along the Redcliffe Peninsula Line, and will give residents and visitors the opportunity to familiarise themselves with the line ahead of train services commencing on October 4.

"The shared path will link users from Kippa-Ring right through to Petrie and provide convenient access to a number of the region's retail and visitor hubs like North Lakes, Petrie and the Redcliffe Peninsula," Cr Greer said.

"It's great for families and visitors who want to explore our region on foot or bike and discover all the experiences it has to offer, including local beaches, cultural hubs such as the North Pine Historical Village and shopping like Westfield North Lakes.

"With more than 36 connections with other local pathways, the shared path means commuters can easily access their nearest station without having to drive.

"The shared path is three metres wide throughout, meaning there's plenty of room



for pedestrians, cyclists and other users.

Cr Greer said the project team had been working hammer and tongs to get the shared pathway ready.

"I know local residents have been eager to get out there and make use of this great new pathway before the official opening of the line and I recognise the DTMR and council project team who have been working hard to make this happen," Cr Greer.

"I understand fencing has started to come down with last-minute preparations underway ahead of the opening of the shared pathway on Saturday."

Division 7 Councillor Denise Sims said the Redcliffe Peninsula Line shared path would open on Saturday to a number of users including pedestrians, people on mobility scooters, pram users, cyclists, skateboarders

and in-line skaters.

"The new shared path includes all-abilities exercise equipment, as well as a number of community-created art projects for you to discover as you make your way along the line," Cr Sims said.

"The new shared path together with the 650 weekly train services that'll be travelling along the Redcliffe Peninsula Line gives our communities even more travel options, and demonstrates the commitment all three levels of government have to generating more lifestyle and economic opportunities for our residents."

The Dayboro riders pictured above and on our cover are pictured on the incline beside the rail line near Freshwater Creek Road. They had ridden from Petrie and said they were enjoying exploring the new path.

**COME AND SEE THE RANGE AT ...YOUR NO.1 LOCAL HONDA DEALER...**

**TORQUE HONDA**

**JAZZ CITY CIVIC Accord HR-V CR-V ODYSSEY**

**New & Demonstrator Sales • Used Sales • Service • Parts**

**1300 103 294**

**Torque Honda**  
1658 Anzac Avenue, North Lakes  
[torquehonda.com.au](http://torquehonda.com.au)

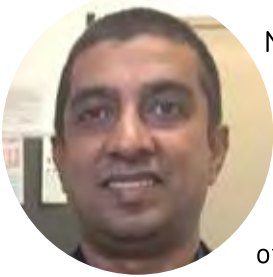
**When you TorqueHonda**  
AUSTRALIA'S #1 HONDA DEALER  
FOR CUSTOMER SATISFACTION

**We listen!**



# NORTHLAKES DOCTORS

## NEW COSMETIC CLINIC



Northlakes Doctors welcomes Dr Thusitha Amarakoon. Dr Amarakoon is a registered general practitioner and has a special interest in cosmetic medicine. He is registered with the Royal Australian College of General Practitioners and is a

member of the American Academy of Aesthetic Medicine. Dr Amarakoon can discuss available anti wrinkle treatments including Botox injections (done on site). Speak to our receptionist to schedule your initial free appointment to discuss and plan your cosmetic treatment options.



Image Attributed to Freepik

### PRACTICE HOURS:

Mon-Fri: 7am-7pm | Sat: 8am-2pm | Sun: 8am-12noon

Level 1, North Lakes Specialist Medical Centre  
Crn North Lakes Drive & Memorial Drive

For general appointments contact us on **32044433** or book online at **[www.northlakesdoctors.com.au](http://www.northlakesdoctors.com.au)**

## YOUNG HEALTHY TEETH!

No Gap! No Out Of Pocket Costs!  
**UP TO \$1,000**



We can check to see if your child is eligible for Medicare's Child Dental Benefit Scheme - children **aged 2-18 years** can receive **\$1,000 every 2 years** to use on their Dental Health! **Gap FREE!**

### To Find Out More - CALL US NOW!

Shop 18 Mango Hill Marketplace  
Cr Anzac Ave & Halpine Dr, Mango Hill

**3157 1677**

Margate Medical,  
3/279 Oxley Ave, Margate

**3284 5588**

**[www.smilesdental.com.au](http://www.smilesdental.com.au)**



## *I refused to take a bone marrow compatibility test that might have saved my abuser*

Hi Leonie,

I am looking to you for some help regarding my parents and our fractured relationship. I have to tell you some background so that you may fully appreciate my issues.

I was molested as a child by my second eldest brother and my childhood was one of fear and of being branded a liar by everyone including my parents.

I am now 48 years old and have a wonderful marriage, children and a nursing career that I am very proud of. My abuse caused many in the family to take sides and to say there was ongoing hostility would be a major understatement. I have seen a counsellor in Sydney years ago and am mostly dealing with the abuse emotionally.

About seven years ago the brother who abused me developed leukaemia and it was requested that all family members be tested to see if they were compatible for bone marrow transplantation. I refused the test for two reasons.

Firstly I did not want to put myself through such an ordeal to save my abuser and secondly because I have my own health issues and I was not willing to compromise my own health for the sake of someone who has abused his health with alcohol and drugs for some 30 years.

My brother found a match which was not perfect and eventually died. My parents have not spoken to me for several years claiming that I wouldn't save my brother although we don't even know if I was a match because I didn't have the test. I have been okay with their decision because as you can appreciate, they never really filled a parenting role and not only didn't rescue me they branded me a liar and what's more as a selfish person who wouldn't help save their son.

I have two other lovely brothers who also don't have much to do with our parents and live interstate. Now my parents have moved up from Sydney and are living here in North Lakes but in a different village. I'm in Freshwater and they are in Woodside. I see them from a distance at the shopping centre and they see me.

My daughters who are now in their twenties want to know why we don't talk and what happened. I have kept things quiet about my childhood but they know that I feel strongly about not having anything to do with their Grandparents. I can't believe that of all the places in Australia, they have chosen North Lakes without an agenda and I feel that the agenda may be to get to my daughters because they are now all alone.

My question is should I tell my kids about the past now that my parents are in their community. I could do my shopping at Redcliffe or Chermside but my daughters would not go out of their way to dodge my parents. My biggest fear is that they will try to contact my daughters behind my back.

What can I do?

Name withheld by request/Mango Hill

Hi,

I feel that you shouldn't allow your parents to push you out of your community and would encourage you to live your life as you always have. It's only natural for your children to want to know what is driving the need for distance from your parents and you need to remember that they are both adults now and need information to draw their own conclusions.

I wonder if like so many victims of child abuse, you carry some shame around what happened to you and this is why you are reluctant to tell your children about your abuse. If this is the case, perhaps you need to do some work on yourself before deciding about disclosing personal details to your children.

I believe that if you want to protect your family from the lies, accusations and gossip that you had to endure as a child, you need to give them all the information they need to make healthy choices. Forewarned is forearmed.

Presumably, your parents would be on a pension and pensioners tend to shop and have outings around their pension payment cycles. If you want to reduce the chances of running into them you might consider doing most of your shopping on non pension weeks but I would encourage you to not let this dictate your outings.

While you are running from or worrying about your parents, you are giving away your power. I don't believe that you had any obligation to donate to your brother and would encourage you to be at peace with this decision.

You may find that talking to a counsellor and really unpacking your thoughts and feelings may help you to organise your thoughts and make decisions around whether or not to disclose details around the cause of your fractured family to your children.

Til next week, Leonie

---

E-mail: [leonieschilling@bigpond.com](mailto:leonieschilling@bigpond.com)

Leonie Schilling is a qualified private practitioner.

For appointments please phone 3886 2715 or 0423 653 841

---

### **Relationship Intensive Care - A practical guide to saving and maintaining your relationship**

Leonie delivers advice about struggling with a sick relationship and delivers (in a way only Leonie could) an easy to understand plan to repair that relationship.

Relationship Intensive Care is available as both a hard copy and EBook from [www.northlakescounsellingservices.com.au](http://www.northlakescounsellingservices.com.au) or Dymocks North Lakes. The hard copy is \$29.95 (+ \$7.00 postage and handling) and the EBook download is \$14.95.





# Greater together is helping business owners become home owners.

Because we understand that it can be hard for the self-employed to get a foot on the property ladder, we don't charge Lender's Mortgage Insurance when you borrow up to 80% of the purchase price (or valuation if lower). As your business brain would tell you, this could save you thousands.



RAMS Home Loans Centre  
Northern Brisbane  
and Moreton

**David Grey**  
0428 104 492

**Margate**  
292 Oxley  
Avenue



More information: Credit criteria apply. Funds are required to cover transaction and establishment costs. LMI cost comparison is an estimate and calculated for loan amounts over \$300,000 at 80% LVR. LMI premium varies between lenders. RAMS Home Loans Centre Northern Brisbane and Moreton is owned and operated by 100 Golf Pty Ltd ACN 600 939 946 as trustee for One in 100 Trust ABN 84 479 497 733. Credit provider and issuer of RAMS deposit products: Westpac Banking Corporation ABN 33 007 457 141 AFSL and Australian credit licence 233714 16439/0816

## PERFECT CONDITIONS FOR TERMITES

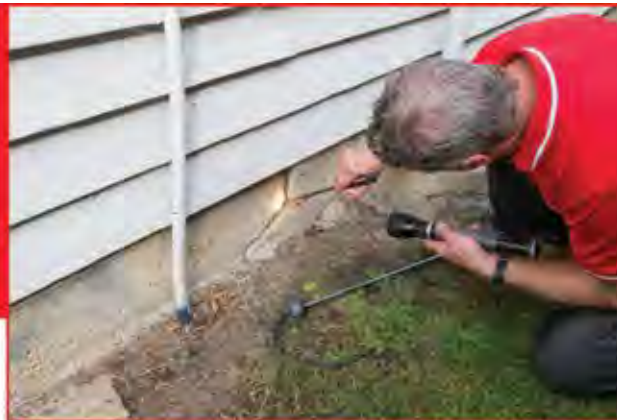
### BOOK A TERMITE INSPECTION TODAY!

The recent hot wet weather and humidity have created perfect conditions for termites. Subterranean termites are highly attracted to moisture, which they require to create their nests. Homeowners are often unaware of conditions in their backyard that are attracting termites.

To reduce the risk of termite attack, homeowners can remove the following conditions from their backyard:

- All timbers in contact with soil
- Dead trees and stumps
- Landscaping timbers should be replaced with a material that is less susceptible to termite attack and fungal decay
- Ensure there are no leaking pipes or overflow systems running near the home to avoid providing moisture
- Build garden beds and structures away from the foundations of the home

Whilst removing conditions that attract termites to the yard is important, it won't prevent termites from attacking the home. It is recommended that a Timber Pest Inspection is completed by a licensed termite technician and a termite chemical soil barrier is installed. This barrier is installed to the perimeter of the home, preventing termites from gaining concealed accesses. For more information please visit our website [www.sandgatepest.com.au](http://www.sandgatepest.com.au) or call 3269 6198 to book a free quote today.



# 3269 6198

For more information please visit  
[www.sandgatepest.com.au](http://www.sandgatepest.com.au)

## SANDGATE PEST CONTROL

the termite specialists



QBCC 108 7905



Disclaimer: The opinions expressed here are those of the writer and do not represent the opinions of the Messenger. These submissions aren't edited for grammar, punctuation or spelling to retain the authors original intent. Your submission will be published at the Editor's discretion. We reserve the right to withhold personal, business and organisation names contained in submissions.

### Found Gold Bangle

If you lost a gold bangle in August 2016 in the Eastern car park of North Lakes shopping centre, it has been handed in to the help desk opposite Sunglass Hut in the shopping centre.

J

### Park Rubbish

Ladies, gentlemen, girls & boys around North Lakes, we in this community are privileged to have some many parks with amenities for both children , families & adults. Could you please make every effort to keep these spaces clean & tidy for the enjoyment of all.

Over the last couple of months (as the weather is warming up) I have noticed a lot more rubbish including rocks & glass in the sand pits & around the playground areas. I do my best when I visit these playgrounds to clean up as much as I can. Keep Smiling.

RB

write to:

[community@northlakesmessenger.com.au](mailto:community@northlakesmessenger.com.au)

## THE PLANT SHACK IS JUST AROUND THE CORNER 12 MINS FROM NORTH LAKES



**Full range of garden plants, trees, herbs, vegies, fruit, climbers, indoor, courtyard, privacy, small shrubs, ground covers, colour plants and much more...**

- Problem solving and ideas
- Bulk plant orders
- Free gift wrapping
- In-house garden consultations
- Big displays every Mothers' Day, Christmas, Valentines,
- Plant Doctor service
- Regular Specials and Sales
- Vintage garden ideas and displays
- Workshops
- Professional Garden Design and consulting
- Easy parking
- Delivery and phone orders
- Seniors Discount
- Free pH testing
- Free Anti-stress spray (for your plants)
- No frills, low price home-grown plants
- Plant Performance Guarantee
- Ladies Day every Wednesday
- Loyalty Card
- Small family business
- Free cake every Saturday and Coffee van Thurs, Fri and Sat
- Pet friendly

Like us on



**Open 7 days, 8:30am to 5:00pm**

**Value plants, low cost ideas - easy at The Plant Shack**

Cnr Krause St & Deception Bay Rd, Deception Bay, QLD 4508

p 07 3888 3737 w [plantshack.com.au](http://plantshack.com.au)

# WHAT'S ON

**Our guide to what's on**

**Easily submit your event on our homepage**

**[www.northlakesmessenger.com.au](http://www.northlakesmessenger.com.au)**

Please direct questions about this free service to [editor@northlakesmessenger.com.au](mailto:editor@northlakesmessenger.com.au)

### TOOWOOMBA CARNIVAL OF FLOWERS

**Date:** Friday 16 - Sunday 25 September 2016

**Location:** Toowoomba Town Centre

**Cost:** Free and various (see website)

The Toowoomba Carnival of Flowers is the longest-running floral event of its kind in Australia. With a theme of EAT, LAUGH, PLAY, STAY, the program features over 50 unique events and experiences, including internationally acclaimed musical acts, award winning gardens, some of the best food and wine to be found in Southern Queensland and a multitude of cultural adventures. In a major floral design coup, three of Australia's leading names in floral design Charlie Albone, Annita Bokobli and Bart Hassam will also attend.

[www.tcof.com.au](http://www.tcof.com.au) or on [www.facebook.com.au/CarnivalFlowers](http://www.facebook.com.au/CarnivalFlowers)

### KILCOY CLASSICS ON WHEELS

**Date:** Saturday 24 September 2016

**Time:** 6am to 4pm

**Location:** Anzac Park, Seib Street North, Kilcoy (next to Kilcoy State High School)

**Cost:** Gold coin donation

There will be a wide variety of Classic Vintage and Veteran Cars and Motorbikes on display. If you have a classic vehicle 1986 or older and would like to attend entry is just \$10 per vehicle.

This event is run by volunteers with all funds raised going to support the youth of Kilcoy District, through the school chaplaincy program. The day offers something for everyone from all day breakfast, trade and market stalls offering local wines, coffee and ice cream to children's colouring competition. Drop a gold coin in the donation bucket and be in the running to win prizes throughout the day. Entertainment is by Kilcoy Open Mic. Gates open at 6am with judging starting at 10am and prize presentations at 2pm.

For more information: [www.kilcoyclassiconwheels.blogspot.com.au](http://www.kilcoyclassiconwheels.blogspot.com.au) or email [kilcoyclassiconwheels@gmail.com](mailto:kilcoyclassiconwheels@gmail.com)

### CABOOLTURE RIVER FISHING AND BOATING CLUB BRUNCH FOR DECEPTION BAY PCYC

**Date:** Sunday 16 October

**Time:** From 9.30am

**Location:** Caboolture River Fishing and Boating Club  
514 Uhlmann Road, Burpengary

**Cost:** \$20 Adults \$10 High Schoolers, \$5 Primary Schoolers, FREE Prep & under

The Caboolture River Fishing and Boating Club run and annual fundraising brunch to help support worthy causes. This year the event will assist the Deception Bay PCYC, raising funds to help set up and deliver a program called RUBY for victims of domestic violence in our Moreton Bay Region.

The first 120 tickets sold receive \$20 Stefan voucher. Contact Liz on 0418722975, Jess 0459708369 or Elaine 0414860347 or any member of The Caboolture River Fishing And Boating Club.

### PARK SOUNDS

**Date:** Saturday 12 November 2016

**Time:** 1.00pm - 10.00pm

**Location:** Pine Rivers Park, Strathpine

**Cost:** See Website

Park Sounds is an over 18s event featuring internationally renowned hip hop group Bliss n' Eso. Also in the lineup are Drapht, Nicole Millar, Running Touch, PON CHO and GG Magree. It's a licensed event with police and security arrangements in place. For more information and to purchase tickets, visit [www.parksounds.com.au](http://www.parksounds.com.au)



# Insurer assessing TPD claims: When should TPD claims be assessed?



The definition of TPD (Total and Permanent Disability) in most insurance policies state that you need to have been out of work for 3-6 months before you can lodge a claim. The insurer will then make an assessment on how likely you are to return to work given your education, experience and training.

This decision will be made based on the evidence available after the waiting period, in many instances not taking into consideration any other evidence that have been generated after this period.

Assessing any likely permanent effects of an injury or illness 3 – 6 months after ceasing work is too soon, as doctors in many instances say that the injury needs at least 12 months to stabilise before a decision can be made. In some injury cases, for example head injury, this period can be over 2 years.

If the injury requires rehabilitation and ongoing treatment, this time period of 3 – 6 months is also too early to predict any permanent effects. If an insurer has these types of policies, the courts understand that the decision can, and should be deferred until the injury is stable. The courts also acknowledge that further evidence can and should be obtained after this 3 – 6 months waiting period.

If an insurer has made a decision ignoring such evidence then you can dispute their decision. You can also dispute the decision if the insurer did not take into consideration any such evidence gathered after the waiting period.

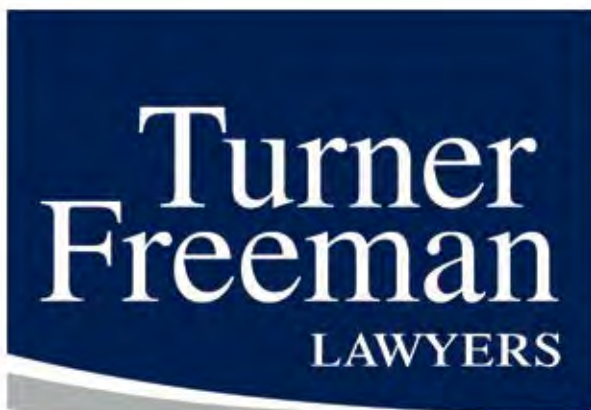
If your decision is rejected, you should always obtain written reasons for the rejection and seek

legal advice about your options as in many instances this decision can be disputed.

Should you have any queries whatsoever or wish to discuss your TPD claim, please do not hesitate to contact Turner Freeman's Superannuation, TPD and Insurance team on 13 43 63, or call your local North Lakes office on 3482 8500.

Or for more information visit our website: [www.turnerfreeman.com.au/qld/blog/insurer-assessing-tpd-claims/](http://www.turnerfreeman.com.au/qld/blog/insurer-assessing-tpd-claims/)

Our Queensland offices are in Brisbane, Logan, North Lakes, Ipswich, Toowoomba, Gold Coast, Sunshine Coast and Cairns.



- Work Place Injuries
- Total and Permanent Disability Claims

# Risk from alcohol-related injuries higher at home

BY DR ANITA, BRISBANE NORTH PHN

Another front has been opened up in the campaign to reduce alcohol-fuelled violence, with new research showing Queenslanders who present to emergency departments with alcohol-related injuries far more likely to have sustained those injuries at home rather than at pubs and clubs.

After much public debate, new liquor licensing laws came into effect in Queensland from July 1 this year in a bid to reduce late night violence.

Under the new laws, licensed venues outside designated safe night precincts cannot serve alcoholic beverages after 2am and patrons then have 30 minutes to finish their drinks.

Venues within the state's 15 safe night precincts must call last drinks by 3am, but all can remain open to serve food, non-alcoholic drinks and provide entertainment.

Casinos, licensed premises in airports and industrial canteens are exempt from these laws and licensees are still able to obtain one-off permits to serve alcohol until 5am, up to 12 times per year, to cater for special events.

Doctors and health academics have long called for measures to address the increasing rate of alcohol-related harm, despite steady levels of consumption, and the new laws have been generally welcomed by these groups as a step in the right direction.

But entertainment industry lobbyists have been vocal in their opposition to the changes, particularly regarding the introduction of a 1am lock-out rule that will apply to venues in safe night precincts from February 1 next year.

It is possible their opposition could receive a boost from recent University of New England (UNE) research showing that 36 per cent of alcohol-related injuries happen at home and just 10 per cent occur at licensed premises.

But the study's authors do not actually object to the State's new liquor licensing laws. Rather, they are recommending a public health campaign to minimise harm associated with alcohol-related injuries in the home.

*36 per cent of alcohol-related injuries happen at home and just 10 per cent occur at licensed premises*

Professor Kim Usher from the UNE School of Health said the study showed that the home was a place of danger when drinking. "An injury due to assault is 84 per cent more likely to happen in the home compared to other locations," Professor Usher said.

"The study showed women with alcohol-related injuries were most likely to have sustained that injury in the home than at a licensed venue, with 59 per cent of those injuries reported to be the result of domestic violence by a partner," she said.

The researchers used emergency department

surveillance data collected between 2003 and 2012 and sourced from the Queensland Injury Surveillance Unit.

Data from 23 city, regional and rural hospitals were included and showed the number of alcohol-related injuries presenting at hospital soared by 138 per cent over the ten-year period.

The statistics also showed injuries were most likely to happen on the weekends at around midnight.

"It appears more people especially the young are drinking at home, because it is cheaper than going out," Professor Usher said.

"We hope health policy makers are looking at strategies to address this issue, as it is becoming the drinking location of choice and increasingly the site for alcohol-related injuries," she said.

Professor Usher said the research paper was significant as there had been few studies that focused on alcohol-related injuries in the home, with most previous research related to alcohol-related injuries focusing on licensed venues.

The paper has been published in the Journal of Clinical Nursing and notes that emergency department nurses are in a unique position to provide brief interventions around safe alcohol consumption and injury prevention.

## ABOUT DR ANITA

Dr Anita Green (MBBS, MSpMed, FRACGP, FASMF, FAICD) has 30 years experience in both the primary care sector as a general practitioner and in the tertiary care sector with Queensland Health. She has a long-term commitment to undergraduate and postgraduate education, for medical and allied health professionals, and is involved in teaching and research at the University of Queensland.



## "Be part of Mueller's future today"

INFORMATION ABOUT OUR 2020 VISION



[www.mueller.qld.edu.au/2020vision](http://www.mueller.qld.edu.au/2020vision)





# Terry White chemists

## BLOCK BUSTER SALE

## SAVE UP TO 65% OFF RRP\* SELECTED VITAMINS

**Swisse**

### WIN A TRIP TO SUPPORT THE WALLABIES IN LONDON\*

Prize includes two tickets to the Wallabies vs England at Twickenham Stadium, flights, accommodation plus \$5,000 spending money.

For your chance to win, purchase any Swisse product from Terry White Chemists, collect your receipt and enter online at [www.swisse.com](http://www.swisse.com)

**Swisse**  
The Choice of the Wallabies

**\$10**  
SAVE \$14.50\* OFF RRP

**Swisse** Liftboost Odourless High Strength Wild Fish Oil 1500mg\* 360 capsules

**\$16**  
SAVE \$34.95\* OFF RRP

**Swisse** Liftboost Co-Enzyme Q10 150mg 50 capsules

**\$18.99**  
SAVE \$25.95\* OFF RRP

**Swisse** Women's or Men's Ultivite® 50+ Years Multivitamin\* 60 tablets

**\$2.99 ea**  
**HOT**

**Sunsilk®** Shampoo or Conditioner 400ml Selected Range

**\$6.99 ea**

**Vaseline®** Spray 190g or Body Lotion 750ml

**SAVE 30% OFF RRP**

**\$12.99 ea**  
**SAVE \$5.50\* OFF RRP**

**Advil®** PHARMACY MEDICINE LIQUID CAPSULES 90

North Lakes | Shop 1012/4 Westfield North Lakes Cnr Bruce Highway & Anzac Avenue MANGO HILL QLD 4509. Ph: 3204 4111

Onsale Thursday 15<sup>th</sup> September – Tuesday 27<sup>th</sup> September 2016. \*Always read the label. Use only as directed. If symptoms persist consult your healthcare professional. †The purchase needed for entry verification. Starts 12:00:00 at 12:00am AEST, closes 23:59:59 at 11:59pm AEST. Entry open to Aus rev 18+. To enter, purchase any Swisse product(s) in 1 transaction at participating Terry White Chemists during the Promotional Period, then enter online at [www.swisse.com](http://www.swisse.com). One entry only per qualifying purchase. Prize Draw: 30/09/16 at 11:00am AEST at 171 Washington Street, St Kilda, VIC, 3182, Australia. Prize incl a trip for two (2) to support the Wallabies in London. Total prize pool value of up to AUD\$47,000. Prize winner notified by email and phone and published on [www.swisse.com](http://www.swisse.com) on 30/09/16. Full T&Cs: [www.swisse.com](http://www.swisse.com) Promoter is Swisse Wellness Pty Ltd, (ABN 62 004 925 000) 1111 Cambridge St, Colindale, VIC 3060, Australia. Authorised under permit number: NSW LTP&16/04156; ACT TP 16/01029; SA: T16/121



## DON'T WORRY! JUST BRING IT TO US WE'LL FIX IT LIKE NEW... SAME DAY!

Bring your car to us for the most amazing, efficient, honest and professional service. We specialise in fixing scrapes and scratches like new. And you **get your car back SAME DAY**, with repairs done to **showroom standards by our craftsmen...** AND probably for a lot less than you'd expect to pay... all without the hassles and stress.

Ask us how we donate to the cause?



## Call 3283 1188

or drop into 100 Anzac Ave, Redcliffe  
OPEN Monday - Friday 7.30am - 4.30pm

### SCRATCHES, SMALL DENTS, ALLOY WHEEL DAMAGE, BUMPER SCUFFS



# Your Stars



**Aquarius Jan 21-Feb 19:** It's never easy airing grievances, but the other party is receptive. What you get by week's end is acceptance, understanding, and a revised game plan you can both live by.



**Pisces Feb 20-March 20:** Take things one step at a time and what looks like an overwhelming task will soon become infinitely doable.



**Aries March 21-April 20:** It's time to step up to the plate and take on a leadership role. You may not think you are ready, but you are.



**Taurus April 21-May 21:** You should know by now that you carry the secret to your success buried deep within. The key is to recognise it.



**Gemini May 22-June 21:** You knew better than to hand the reins over to an associate, but now that they've been humbled, they will listen to you.



**Cancer June 22-July 23:** Watch it because today's goodwill gesture isn't as guileless as it seems. A boss or client has gotten wind of your dissatisfaction and is trying to buy your silence.



**Leo July 24-Aug 23:** People are slowly coming around to your point of view, but be careful not to push. They still need to fill in the blanks for themselves.



**Virgo Aug 24-Sept 23:** You need to suspend judgement until you get all the facts. After all the truth has been known to be stranger than fiction on occasion.



**Libra Sept 24-Oct 23:** If someone's going to threaten to take back something they gave you, then you should return it anyway because it was never yours to begin with.



**Scorpio Oct 24-Nov 22:** Fraternising with a new crowd brings more than just a change in social scene. It also invites you to leave the old mindset at the door.



**Sagittarius Nov 23-Dec 21:** Developing that untapped potential into something concrete and profitable takes discipline, focus and perseverance. You've never been more ready.



**Capricorn Dec 22-Jan 20:** You've regained the power over your life. This allows you to turn the tables on that person or situation that's been bullying you.

## All that Shiraz Studio

HAIR • FACE • BODY

napoleon  
PERFECT

PROUD INDEPENDENT  
STOCKISTS SALON

No more going to  
Westfields for your  
makeup needs

MASTER OF WEDDINGS IN SALON OR TRAVEL TO YOU

**SPECIAL** 1/2 HEAD FOILS PACKAGE  
STYLE CUT &  
FINISH TREATMENT  
**\$149**



CALL THE TEAM TODAY OR POP IN OPEN LATE  
NIGHTS BY APPOINTMENT FOR BUSINESS CLIENTS  
**P: 3886 4193**

Evergreen Centre, Shop 1-12 Discovery Dr, North Lakes

ROTHWELL  
Physiotherapy

KIDS  
Physiotherapy

ROTHWELL PHYSIOTHERAPY & KIDS PHYSIOTHERAPY  
HAVE EXPERIENCED PHYSIOTHERAPISTS FOR  
ADULTS, CHILDREN & BABIES



We offer quality "Hands-on" Physiotherapy, Exercise Prescription, Hydrotherapy, Gym-Based Sessions for the management of:

- Back and Neck Pain
- Headaches
- Sporting Injuries
- Work Injuries
- Muscle & Joint Injuries
- Post Surgery Rehabilitation
- Pre and Post Pregnancy

Experienced Paediatric Physiotherapists to assist in the management of:

- Plagiocephaly (Infant Headshape)
- Children & Baby Gross Motor Development
- Children & Teenager Sporting & Growth Injuries
- Enhancing Sporting Performance in young athletes
- Scoliosis Management

Physiotherapists with years of experience in Dance to assist with:

- Dance Assessments
- Pre-Pointe Preparation
- Injury Prevention in Dancers
- Injury Rehabilitation
- Overuse Injuries with Dancers

**BOOK YOUR  
APPOINTMENT  
NOW!**

Claim on your  
Private Health Fund!

medibank  
For Better Health

Bupa

FIND  
US ON



**Ph 3204 2193**

4a/618 Deception Bay Rd, Deception Bay  
**www.rothwellphysio.com.au**



## NINE

**6.00** PAW Patrol. **6.30** Dora.  
**7.00** Weekend Today. **10.00**  
 Today Extra: Saturday. (PG) **12.00**  
 Ground Floor. (PG) **12.30** Fish'n  
 With Mates. (PG) **1.00** The Block.  
 (PG) **2.30** The Block. (PG) **3.30**  
 Encore: Behind The Scenes With  
 Barbara Streisand. **4.30** Garden  
 Gurus. **5.00** News: First At Five.  
**5.30** Getaway. (PG) **6.00** Nine  
 News. **7.00** Riverfire. **7.30** Rugby  
 League. NRL. Second preliminary  
 final. Melbourne Storm v Canberra  
 Raiders. **10.00** Movie: Beverly Hills  
 Cop II. (M) (1987) Eddie Murphy,  
 Judge Reinhold. **12.00** Movie:  
 Takers. (M) (2010) Chris Brown.  
**2.10** Movie: Percy's Progress. (M)  
 (1974) **4.00** Impractical Jokers.  
 (M) **4.30** Global Shop. **5.00**  
 Fish'n With Mates. (PG) **5.30**  
 Wesley Impact.

## GO!

**6.00** Children's Programs. **12.00**  
 Move It. **12.30** Wild Kratts. **1.00**  
 Kate And Mim-Mim. **1.30** Yu-Gi-  
 Oh! (PG) **2.00** Yu-Gi-Oh! (PG)  
**2.30** Sonic Boom. (PG) **3.00** Power  
 Rangers Dino. (PG) **3.30** Yo-Kai.  
 (PG) **4.00** Teen Titans. (PG) **4.30**  
 Ben 10. (PG) **5.00** Justice League  
 Unlimited. (PG) **5.30** Batman.  
 (PG) **6.00** Dawn Of The Dragon  
 Racers. **6.35** Movie: Happy Feet.  
 (G) (2006) **8.45** Movie: Sherlock  
 Holmes. (M) (2009) **11.20** Cops  
 Uncut. (M) **12.20** Adult Swim.  
 (MA15+) **1.20** The Almighty  
 Johnsons. (MA15+) **2.20** Surfing  
 Australia TV. **2.50** GO Surround  
 Sound. (PG) **3.00** Yu-Gi-Oh! (PG)  
**3.30** Yu-Gi-Oh! (PG) **4.00** Wild  
 Kratts. **4.30** Kate And Mim-  
 Mim. **4.50** Thunderbirds. **5.30**  
 Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Saturday Disney. Final. **7.00**  
 Weekend Sunrise. **10.00** Morning  
 Show. (PG) **12.00** Bewitched.  
**12.30** To Be Advised. **1.45** To  
 Be Advised. **3.00** To Be Advised.  
**4.00** Better Homes. **5.00** Creek  
 To Coast. **5.30** Qld Weekender.  
**6.00** News. **7.00** Movie: Grease.  
 (PG) (1978) John Travolta, Olivia  
 Newton-John. **9.25** Movie:  
 Couples Retreat. (M) (2009) Jason  
 Bateman, Malin Akerman, Kristen  
 Bell. Four couples attend therapy.  
**11.45** The Goldbergs. (PG) Adam  
 has a birthday party. **12.15**  
 The Neighbors. (PG) The aliens  
 decide to attend school. **12.45**  
 The Neighbors. (PG) **1.15** The  
 Neighbors. (PG) **2.00** Shopping.  
**4.00** It Is Written. (PG) **4.30**  
 Sons And Daughters. (PG) **5.00**  
 Dr Oz. (PG)

## 7TWO

**6.00** Shopping. **8.00** Room For  
 Improvement. **8.30** Travel Oz. (PG)  
**10.00** The Travel Bug. **11.00** Home  
 In WA. **11.30** Great South East.  
**12.00** Creek To Coast. **12.30** Qld  
 Weekender. **1.00** WA Weekender.  
**1.30** Sydney Weekender. **2.00**  
 Horse Racing. Golden Pendant  
 Day. Underwood Stakes Day. **5.30**  
 No Reservations. (PG) **6.30** Islands  
 On The Edge. (PG) **7.30** The Hair  
 Bikers' Northern Exposure. (PG)  
**8.45** Escape To The Country. Jules  
 Hudson goes property hunting in  
 Shropshire with a couple in search  
 of a rural hideaway. **9.45** Selling  
 Houses Australia. A couple try to  
 sell their home. **10.45** To Build Or  
 Not To Build. **11.45** Best Houses  
 Australia. **12.15** SCU. (PG) **1.00**  
 Psychic TV. (M) **4.00** Travel Oz.  
 (PG) **5.30** Harry's Practice.

## TEN

**6.00** Fishing Edge. **6.30** The Home  
 Team. **7.00** iFish. **8.00** Family  
 Feud. **8.30** Weekend Feast. **9.30**  
 St10. (PG) **12.00** The Living Room.  
**1.00** Healthy Homes Australia.  
**1.30** Life Inside The Markets. **2.00**  
 The Doctors. **3.00** iFish. Return.  
**4.00** What's Up Down Under.  
**4.30** A Taste Of Travel. Return.  
**5.00** News. **6.00** Travels With The  
 Bondi Vet. Dr Chris goes in search  
 of orcas. **6.30** Movie: Epic. (PG)  
 (2013) Colin Farrell. **8.30** Movie:  
 A Good Day To Die Hard. (M)  
 (2013) Bruce Willis, Jai Courtney,  
 Sebastian Koch. A New York cop  
 heads to Russia. **10.30** To Be  
 Advised. **11.00** To Be Advised.  
**11.30** 48 Hours. (M) **12.30** 48  
 Hours. (M) **1.30** Shopping. **4.30**  
 It Is Written. (PG) **5.00** Hour  
 Of Power.

## ONE

**6.00** Shopping. **8.00** Get Smart.  
**9.00** World Sport. **9.30** Operation  
 Repo. **10.00** Hogan's Heroes.  
**11.00** Raising Hope. **12.00** ST:  
 Next Gen. **1.00** MacGyver. **2.00**  
 Motor Racing. Dunlop Series.  
 Round 5. Highlights. **3.00** Motor  
 Racing. Porsche Carrera Cup  
 Series. Round 6. Highlights. **4.00**  
 The McCarthys. **4.30** Reel Action.  
**5.00** Driven Not Hidden. **5.30**  
 Escape Fishing With ET. **6.00** The  
 Renovation King. Final. **6.30** Last  
 Man Standing. (PG) **7.30** Tiger:  
 Spy In The Jungle. (PG) **8.30**  
 Megafactories. **9.30** Zoo. (M)  
**10.30** Crisis. (M) **11.30** Rosewood.  
 (MA15+) **12.30** Bellator MMA.  
 (M) **2.30** Motor Racing. Formula  
 1. Race 15. Singapore Grand Prix.  
 Replay. **3.30** ST: Next Gen. **4.30**  
 Vegas. **5.30** Whacked Out Sports.

## ABC

**6.00** Rage. (PG) **10.30** Rage. (PG)  
**11.40** The Checkout: Factory  
 Seconds. (PG) **12.10** Birds Of A  
 Feather. (PG) **12.35** Qi. (PG) **1.05**  
 Pointless. (PG) **1.50** The Men Who  
 Made Us Thin. **2.40** Restoration  
 Man. **3.30** Howard On Menzies:  
 Building Modern Australia. **4.30**  
 Landline. **5.00** Midsomer Murders.  
 (PG) **6.30** Gardening Australia.  
**7.00** ABC News. **7.30** Agatha  
 Raisin. (PG) **8.20** Agatha Christie's  
 Partners In Crime. (M) **9.15** The  
 Doctor Blake Mysteries. (M) **10.15**  
 Miniseries: Fleming: The Man Who  
 Would Be Bond. (M) **11.00** The  
 Code. (M) **12.00** Rage. (MA15+)  
**5.00** Rage. (PG)

## ABC2

**6.00** Children's Programs. **4.45**  
 Pocoyo. **4.55** The Numtums. **5.00**  
 Wallykazam! **5.25** Peg + Cat. **5.40**  
 Peppa Pig. **5.50** Kazoops! **6.00**  
 Hey Duggee. **6.10** Octonauts.  
**6.20** Peter Rabbit. **6.35** Jamillah  
 And Aladdin. **6.50** Shaun The  
 Sheep. **7.00** Spicks And Specks.  
 (PG) **7.30** Highway Thru Hell. **8.15**  
 Would I Lie To You? The Unseen  
 Bits. **8.45** Maz Jobrani: Brown  
 And Friendly. (M) **9.50** Live At The  
 Apollo. (M) **10.35** The Moaning  
 Of Life. (M) **11.20** Breaking Bad.  
 (M) **12.10** Breaking Bad. (M)  
**12.55** Highway Thru Hell. (PG)  
**1.40** The Moaning Of Life. (M)  
**2.25** News Update. **2.30** Close.  
**5.00** Ella The Elephant. **5.10** Boj.  
**5.20** The Koala Brothers. **5.35**  
 Angelina Ballerina: The Next Steps.  
**5.45** Abney & Teal.

## SBS

**6.00** WorldWatch. **10.30** German  
 News. **11.00** Spanish News.  
**12.00** Arabic News. **12.30** Turkish  
 News. **1.00** PBS News. **2.00** Small  
 Business Secrets. **2.30** James  
 Nesbitt: River Deep, Mountain  
 High. (PG) **3.25** The Classic Car  
 Show. (PG) **4.20** Sacred Creatures:  
 Egypt's Darkest Secret. (PG) **5.20**  
 Who Do You Think You Are?  
 (PG) **6.30** SBS World News.  
**7.35** Million Dollar American  
 Princesses. **8.30** Grand Tours. **9.00**  
 Soccer. EPL. Manchester United v  
 Leicester. **11.50** The Class Of '92.  
 (PG) **1.35** Cucumber. (MA15+) **2.30**  
 Cucumber. (MA15+) **3.25**  
 Cucumber. (MA15+) **4.20** Food  
 Lovers' Guide To Australia.  
**4.55** SBS Flashback. **5.00** CCTV  
 English News. **5.30** NHK World  
 English News.

## SBS2

**6.00** WorldWatch. **11.00** Japanese  
 News. **11.35** Punjabi News. **12.05**  
 Hindi News. **12.30** Dutch News.  
**1.00** Where Are We Going, Dad?  
**2.50** The Numbers Game. (PG)  
**3.20** Motorcycle Racing. Superbike  
 World Championship. Round 10.  
**4.15** Don't Tell My Mother... (PG)  
**5.05** Hipsters. (PG) **5.40** 365:  
 Every Day Documentaries. (PG)  
**5.45** Survivor Games With Bear  
 Grylls. New. **7.00** Food, Booze  
 And Tattoos. (PG) **7.30** If You Are  
 The One. **8.30** Royal Navy School.  
 (M) **9.25** Halfworlds. **10.00** 12  
 Monkeys. (MA15+) **10.50** Lost  
 Girl. (M) **11.45** Movie: New World.  
 (MA15+) (2013) **2.10** Movie:  
 I Corrupt All Cops. (M) (2009)  
**4.20** CCTV News In English From  
 Beijing. **5.00** Korean News. **5.30**  
 Indonesian News.



## MOVIES

**6.20pm Last Cab  
 To Darwin** (2015)  
 Comedy. Michael  
 Caton, Jacki Weaver.  
 (M) *Premiere*  
**8.30pm Suffragette**  
 (2015) Drama. Carey  
 Mulligan, Helena  
 Bonham Carter. (M)  
*Premiere*

**9.00pm Corpse  
 Bride** (2005)  
 Animation. Johnny  
 Depp. (PG) *Family*  
**GENERAL**  
**8.30pm Rob &  
 Chyna.** (M) *E!*  
**9.25pm Brief  
 Encounters.** (M)  
*BBC First*  
**10.00pm Nikki  
 Glasser: Perfect.**  
 (M) *Comedy  
 Channel*

## DOCUMENTARY

**7.30pm Brian  
 Wilson And  
 Friends.** (PG) *Foxtel  
 Arts*  
**9.30pm Hell's  
 Kitchen.** (MA15+)  
*Lifestyle Food*

## SPORT

**8.00am Golf.** PGA  
 Champions Tour.  
 China Championship.  
 First round. *Fox  
 Sports 3*  
**1.00pm Tennis.**  
 WTA Tour. Pan Pacific  
 Open. Semi-finals.  
*Fox Sports 3*  
**7.30pm Football.**  
 AFL. First preliminary  
 final. *Fox Footy*  
**7.50pm Rugby  
 League.** NRL. Second  
 preliminary final. *Fox  
 Sports 1*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

2409

## 2016 Twilight Netball Season

Come and join the RLNA and be part of our Twilight Season

NEW PLAYERS AND TEAMS WELCOME



NQ Members = Current Netball Queensland registered Playing Members



Expressions of Interest for Mixed Netball

Enter your details on the form to receive more information

VENUE	KR BENSON PARK, MAINE RD, CLONTARF
AGE	U11 to Open (teams will be graded based on ability)
DETAILS	8 week fixture No finals (Medallions awarded to 1st & 2nd in each Div)
GAME TIMES	^ 5.30pm, 6.30pm, 7.30pm (Open Div at 7.30pm)
SEASON START	5 October 2016
SEASON END	23 November 2016



Register Online at:

[www.redcliffe.qld.netball.com.au](http://www.redcliffe.qld.netball.com.au)

Full details and rules are available at [www.redcliffe.qld.netball.com.au](http://www.redcliffe.qld.netball.com.au)

(\*) Notates an extra \$81 to cover the Netball Queensland Capitation and Insurance Fees. (\*)  
 Game times may change depending on number of teams registering.

## NINE

**6.00** PAW Patrol. **6.30** Dora The Explorer. **7.00** Weekend Today. **10.00** Wide World Of Sports. (PG) **11.00** NRL Sunday Footy Show. (PG) **1.00** Full Cycle. **1.30** Surfing. World League. J-Bay Open. From Jeffrey's Bay, South Africa. **2.30** Outback Paramedic. (PG) **3.30** Rugby League. QRL. Intrust Super Cup. Grand Final. Burleigh Bears v Redcliffe Dolphins. From Suncorp Stadium, Brisbane. **6.00** Nine News. **7.00** The Block. (PG) **8.30** 60 Minutes. **9.30** Doctor Doctor. (M) **10.30** Killer On The Line. (M) **11.30** Unforgettable. (M) **12.30** Constantine. (M) **1.30** Full Cycle. **2.00** The Baron. (PG) **3.00** Global Shop. **3.30** Skippy The Bush Kangaroo. **4.00** Good Morning America: Sunday. **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.30** Wild Kratts. **12.00** Rabbids Invasion. (PG) **12.30** SpongeBob. **1.00** Kate And Mim-Mim. **1.30** Yu-Gi-Oh! (PG) **2.00** Dawn Of The Dragon Racers. **2.30** Nexo Knights. (PG) **3.00** Yu-Gi-Oh! (PG) **3.30** Yo-Kai. (PG) **4.00** Teen Titans. (PG) **4.30** Power Rangers Dino. (PG) **5.00** Justice League Unlimited. (PG) **5.30** Ben 10. (PG) **6.00** Batman. (PG) **6.30** Movie: Wrath Of The Titans. (M) (2012) **8.30** Movie: Skyfall. (M) (2012) **11.30** Adult Swim. (MA15+) **12.30** The Almighty Johnsons. (M) **1.30** Surfing Australia TV. **2.00** Wild Kratts. **2.30** Yo-Kai. (PG) **3.00** Yu-Gi-Oh! (PG) **3.30** SpongeBob. **4.00** Little Charmers. **4.30** Kate And Mim-Mim. **4.50** Thunderbirds. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Doc McStuffins. **6.30** Henry Hugglemonster. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **12.00** Dr Oz. (PG) **12.50** Movie: Tinker Bell And The Great Fairy Rescue. (G) (2010) **2.30** Movie: City Slickers II: The Legend Of Curly's Gold. (PG) (1994) **5.00** News. **5.30** Great South East. **6.00** News. **7.00** The Big Music Quiz. (PG) **8.00** Sunday Night. Current affairs program, hosted by Melissa Doyle. **9.00** Criminal Minds. (M) Final. Hotch is apprehended by a SWAT team on suspicion of being involved in a conspiracy. **10.00** Movie: Fatal Honeymoon. (M) (2012) Harvey Keitel. **12.00** The Final Draw. **1.00** Scandal. (M) **2.00** Shopping. **3.30** Harry's Practice. **4.00** NBC Press. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Amazing Facts. (PG) **7.00** Tomorrow's World. (PG) **7.30** Leading The Way. (PG) **8.00** David Jeremiah. (PG) **8.30** It Is Written Oceania. (PG) **9.00** Shopping. **9.30** Best Houses Australia. **10.00** Home And Away Catch-Up. (PG) **3.30** Escape To The Country. **5.30** Intolerant Cooks. **6.00** Mighty Cruise Ships. **7.00** For The Love Of Dogs. (PG) **7.30** World's Most Extreme Roads. (PG) **8.30** Escape To The Country. Aled Jones heads to Dorset to help a house-hunting couple move back to the county where they first fell in love. **9.30** The House That £100K Built: Tricks Of The Trade. Hosted by Piers Taylor. **10.45** Islands On The Edge. (PG) **11.45** Mighty Cruise Ships. **12.45** Psychic TV. (M) **3.45** Escape To The Country. **5.00** Dr Oz. (PG)

## TEN

**6.00** Mass. **6.30** Hillsong. **7.00** Joseph Prince. **7.30** Joel Osteen. **8.00** GCBC. **8.30** Jamie's 15-Minute Meals. **9.00** Everyday Gourmet. **9.30** St10. (PG) **12.00** Car Torque. (PG) **12.25** Movie: Ramona And Beezus. (G) (2010) **2.30** The Doctors. **3.30** RPM GP. **4.00** RPM. **5.00** News. **6.00** Family Feud: Sunday. **6.30** Modern Family. (PG) Claire's success as the breadwinner leaves Phil feeling like he is being unappreciated. **7.00** Modern Family. (PG) Return. **7.30** Australian Survivor. Presented by Jonathan LaPaglia. **9.15** Movie: Jack Ryan: Shadow Recruit. (M) (2014) Chris Pine, Kevin Costner. **11.20** 48 Hours. (M) **12.20** 48 Hours. (PG) **1.30** Shopping. **4.00** Escape With ET. **4.30** CBS Morning.

## ONE

**6.00** Shopping. **8.00** ST: Next Gen. (PG) **9.00** World Sport. **9.30** Life Inside The Markets. **10.00** Operation Repo. (PG) **10.30** Reel Action. **11.00** 4x4 Adventures. **12.00** Undercover Boss. (PG) **2.00** Monster Jam. **3.00** Megafactories. **4.00** Extreme Fishing. (PG) **5.00** What's Up Down Under. **5.30** iFish. **6.00** Family Feud: Sunday. **6.30** M\*A\*S\*H. (PG) **7.30** CSI: Cyber. (M) **8.30** Attenborough's Tiger: Spy In The Jungle. (PG) **9.30** Motorcycle Racing. MotoGP. Race 14. Aragón Grand Prix. From Motorland Aragón, Alcañiz, Spain. **11.00** Megastuctures. (PG) **12.00** World Sport. **12.30** Homeland. (M) **3.00** RPM GP. **3.30** RPM. **4.30** Operation Repo. (PG) **5.00** Driven Not Hidden. **5.30** Whacked Out Sports. (PG)

## ABC

**6.00** Rage. (PG) **7.00** Weekend Breakfast. **9.00** Insiders. **10.00** Offenders. **10.30** Australia Wide. **11.00** World This Week. **11.30** Songs Of Praise. **12.00** Landline. **1.00** Gardening Australia. **1.30** The Mix. **2.00** Agatha Christie's Partners In Crime. (M) **3.00** Fake Or Fortune? **4.10** Australian Story. **4.40** Julia Zemiro's Home Delivery. (PG) **5.10** Agatha Raisin. (PG) **6.00** Anh's Brush With Fame. (PG) **6.30** Compass. **7.00** ABC News Sunday. **7.40** Howard On Menzies: Building Modern Australia. (PG) **8.40** Poldark. (M) Return. **9.40** Wolf Hall. (M) New. **10.50** The Honourable Woman. (MA15+) **11.50** Meet The Mavericks. (PG) **12.20** Rage. (MA15+) **2.50** Wolf Hall. (M) **4.00** Fake Or Fortune? **5.00** Insiders.

## ABC2

**6.00** Children's Programs. **4.45** Pocoyo. **4.55** The Numtums. **5.00** The Gruffalo. **5.25** The Gruffalo's Child. **5.50** Kazoobs! **6.00** Hey Duggee. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Jamilah And Aladdin. **6.50** Shaun The Sheep. **7.00** Spicks And Specks. (PG) **7.30** Stan Lee's Superhumans. (PG) Return. **8.15** Turning Into A Giant. (PG) **9.00** Ricky Gervais Live: Animals. (M) **10.15** Louis Theroux: Return To The Most Hated Family. (M) **11.15** The Last Whites Of The East End. (M) **12.15** Reggie Yates: Extreme Russia. (M) **1.15** Stan Lee's Superhumans. (PG) **1.55** News Update. **2.00** Close. **5.00** Ella The Elephant. **5.10** Boj. **5.20** The Koala Brothers. **5.35** Angelina Ballerina: The Next Steps. **5.45** Abney & Teal.

## SBS

**6.00** France 24 English News. **6.30** Deutsche Welle. **7.00** Al Jazeera. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Soccer. EPL. Manchester United v Leicester. Replay. **12.00** Arabic News. **12.30** Turkish News. **1.00** The Bowls Show. **2.00** Speedweek. **4.00** Cycling. MTB Series. Highlights. **5.00** Small Business Secrets. **5.30** Nazi Megastuctures. (PG) **6.30** SBS World News. **7.30** The Celts. (PG) **8.35** Obama: Eight Years Of Power. **10.50** Policing The Police. **11.50** Movie: The Secrets. (M) (2007) Fanny Ardant, Ania Bukstein. **2.05** Movie: The Time That Remains. (M) (2009) Ali Suliman. **4.00** Life On Us. (M) **5.00** CCTV English News. **5.30** NHK World English News. **5.45** France 24 Feature.

## SBS2

**6.00** WorldWatch. **9.00** PopAsia. (PG) **10.00** WorldWatch. **1.00** The Brain: China. **3.05** Friday Feed. **3.35** Community. (PG) **3.55** Community. (PG) **4.25** Survivor Games With Bear Grylls. **5.45** 365: Every Day Documentaries. (PG) **5.50** Where Are We Going, Dad? **7.30** If You Are The One. **8.30** MythBusters. **9.30** Travel Man. **10.00** Full Frontal With Samantha Bee. (M) **10.30** The Green Room With Paul Provenza. (MA15+) **11.00** The Green Room With Paul Provenza. (M) **11.30** Savage U. (M) **12.00** Outback. (M) **1.15** Tell Them Anything You Want: A Portrait Of Maurice Sendak. (M) **2.00** Movie: The Orator. (PG) (2011) **4.00** CCTV News In English From Beijing. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**6.25pm Everest** (2015) Biography. Jason Clarke, Jake Gyllenhaal. (M) **Premiere** **7.30pm My Girl** (1991) Family. Anna Chlumsky, Macaulay Culkin. (PG) **Family** **8.30pm Boogie Nights** (1997) Drama. Mark Wahlberg, Julianne Moore. (MA15+) **Masterpiece** **GENERAL** **7.30pm Million Dollar Listing New York Ryan's Wedding.** (M) **Arena** **8.30pm A Place To Call Home.** **Showcase** **9.30pm Don't Be Tardy.** (M) **Arena** **DOCUMENTARY** **7.30pm Tomorrow's Food.** **Lifestyle Food** **8.30pm Inside The Factory.** **Lifestyle Food** **8.30pm World's Biggest Shipbuilders.** (PG) **Discovery** **SPORT** **1.00pm Tennis.** WTA Tour. Pan Pacific Open. Final. **Fox Sports 3** **5.30pm Motor Racing.** FIA World Touring Car Championship. Round **8.30pm Golf.** European PGA Tour. European Open. Final round. **Fox Sports 3**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

2509

**YOU LOOK AFTER YOUR BUSINESS... AND WE'LL LOOK AFTER YOUR BOOKS!**

- BAS Registered & Fully Insured Company
- Member of the Australian Institute of Certified Bookkeepers
- MYOB and Xero Approved Partner
- On or off-site Bookkeeping services
- Providing full Bookkeeping services for small, medium & large companies
- We can help solve all your bookkeeping needs
- We can help reduce your Accounting costs

**0478 086 008**  
[www.sjbookkeeping.com.au](http://www.sjbookkeeping.com.au)

## North Lakes Community Women's Group Inc. News

Written by Sam Stevens Publicity Officer NLCWGI

Our Guest Speaker, Tabs, (the bead lady), inspired our minds with factual and amusing tales about her home country Switzerland; soothed our sensibilities with song accompanied on her ukulele and appeased our appetites with the making and baking of Swiss bread, served with butter and jam, and eagerly tasted at morning tea. A great morning thank you Tabs, it was well presented and enjoyed by all 73 guests and members that attended. We won't ask if Switzerland has a 'white' winter!

Tuesday 27th September 11:30 LUNCH. Sea Salt & Vine, Reef Point Esplanade, Scarborough, located right on the waterfront at Scarborough, a few minutes from Redcliffe, opposite the Scarborough Holiday Caravan Park. The waterfront Café menu is focused on contemporary Australian cuisine with some café favourites combined with a selection of modern affordable dishes.

Tuesday 4th October 09:45 MONTHLY GENERAL MEETING. Firstly general business and a catch up on absent friends then on to our up and coming agenda. We like to involve all members in these meetings so do come along.

Tuesday 11th October 09:45 FASHION PARADE presented by Fashions On The Go. The collection that comes on the day will reflect the customers' needs and is constantly changed throughout the season. You will be pleasantly surprised by the unique collection of "easy wear - easy care" fashions, undergarments, sleepwear and accessories, and better still the prices represent "value for money."

Our meetings are open to all women in North Lakes/Mango Hill – Moreton Bay district. Please refer to our listing under the Community Notice Board. For more information contact Julie, 3886 4552; Colleen, 0418 658 442; Carmen, 3491 9410.

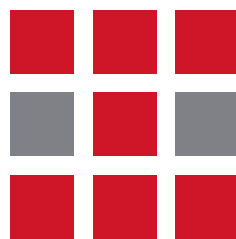




## WILLS & ESTATES



FAMILY LAW | INJURY LAW | WILLS & ESTATES | CONVEYANCING



# ZANDE

L A W

Norwinn Centre  
15 Discovery Drive  
**North Lakes**  
**3385 0999**  
[www.zandelaw.com.au](http://www.zandelaw.com.au)

*Fitness Made Easy*  
**breathe**  
health clubs **24/7**

**MEMBERSHIPS**  
FROM \$11.95 P/W  
FIRST MONTH FREE!!  
WHEN TRANSFERRING  
FROM ANOTHER GYM..  
T&C APPLY

**NORTH LAKES  
BUSINESS PARK**

# Calling all **BMW** **OWNERS!**

**NEWS FLASH**  
**WE ALSO DO CHRYSLER  
LOG BOOK SERVICING**

- We fit Maxxis tyres
- Special Discount applies when mentioning this ad
- Hyundai Car Log Book Servicing



1/30 Flinder's Parade, North Lakes

**Ph 3010 8535**



The **FUTURE** in Car Servicing

It's never  
easy to  
say farewell



Arranging a funeral for a loved one may appear daunting but with our professional, caring guidance you are assured of a truly fitting farewell.

Just call 3888 3535 for immediate help.



**ALEX GOW**  
**FUNERALS**

*Creating memories since 1840*

24 Hours / 7 Days Service  
Pre-arranged Funerals  
Funeral Insurance Advice

TALLOWWOOD DRIVE  
DECEPTION BAY

... still family-owned

## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Extra. **1.30** The Block. (PG) **3.00** News Now. **4.00** Afternoon News. **5.30** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** The Block. (PG) **8.40** Millionaire Mansions. (PG) **10.40** Killing Spree. (M) **11.40** Undateable. (M) **12.10** What Would You Do? (M) **1.00** Anger Management. (M) **1.30** Extra. **2.00** Danoz Direct. **2.30** Global Shop. **3.00** Skippy The Bush Kangaroo. **3.30** Good Morning America. **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **1.30** Kate And Mim-Mim. **2.00** SpongeBob. **2.30** Yu-Gi-Oh! (PG) Return. **3.00** Power Rangers Dino. (PG) **3.30** Yo-Kai. (PG) Return. **4.00** Kids' WB. (PG) **4.05** Looney Tunes. **4.30** Batman. (PG) **5.00** Ben 10. (PG) **5.30** Teen Titans. (PG) **6.00** Regular Show. (PG) **6.30** Adv Time. (PG) **7.00** The Middle. (PG) **7.30** Top Gear: Africa. (PG) **9.00** Movie: Homefront. (MA15+) (2013) **11.05** Tattoo Fixers. (MA15+) **12.00** Cops Uncut. (M) **12.30** Adv Time. (PG) **1.00** Regular Show. (PG) **1.30** Ben 10. (PG) **2.00** Power Rangers Dino. (PG) **2.30** Kate And Mim-Mim. **3.00** Little Charmers. **3.30** Yu-Gi-Oh! (PG) **4.00** Power Rangers. (PG) **4.30** Batman. (PG) **4.50** Thunderbirds. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Dear Prudence. (PG) (2009) **2.00** The Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Australia. **6.00** News. **7.00** Home And Away. (PG) **7.30** Highway Patrol. (PG) Officers have a night they will not soon forget when they catch a taxi driver who ran a red light. **8.00** Highway Patrol. (PG) **8.30** Movie: RED. (M) (2010) Bruce Willis, Mary-Louise Parker. A retired CIA agent is attacked by a hit squad. **11.00** The Goldbergs. (PG) **11.30** The Goldbergs. (PG) **12.00** Packed To The Rafters. (PG) **1.00** Happy Endings. (PG) **1.30** The Real Seachange. **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **7.00** Match It. **7.30** In Your Dreams. **8.00** Toybox. **8.30** Harry's Practice. **9.00** Home And Away: The Early Years. (PG) **9.30** NBC Today. **10.30** NBC Press. **11.30** Best Houses Australia. **12.00** Escape To The Country. **1.00** Lovejoy. (PG) **2.00** The Great Outdoors. **3.00** The Zoo. **3.30** RSPCA Animal Rescue. **4.00** Medical Emergency. (PG) **4.30** 60 Minute Makeover. (PG) **6.30** Bargain Hunt. **7.30** Rosemary & Thyme. (PG) **8.30** Wallander. (M) Wallander is approached by an old friend who wants him to investigate the death of his father in a car accident. **10.30** Air Crash Investigation. (PG) **11.30** Bargain Hunt. **12.30** Lovejoy. (PG) **1.30** Air Crash Investigation. (PG) **2.30** Dr Oz. (PG) **4.30** This Rugged Coast. **5.30** Harry's Practice.

## TEN

**6.00** Ent. Tonight. **6.30** The Home Team. **7.00** Ben's Menu. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **11.00** The Talk. **12.00** Dr Phil. (PG) **1.00** To Be Advised. **2.45** GCBC. **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Ben's Menu. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** Australian Survivor. **8.40** Have You Been Paying Attention? (M) Special guests include Ed Kavalee, Celeste Barber, Mick Molloy, Anne Edmonds and Sam Pang. **9.40** The Odd Couple. (M) Oscar is taunted by a rival radio host. **10.10** The Odd Couple. (PG) **10.40** To Be Advised. **11.30** The Project. **12.30** The Late Show With Stephen Colbert. (PG) **1.30** Shopping. **4.00** Escape With ET. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** RPM. **9.00** Fries. (PG) **10.00** M\*A\*S\*H. (PG) **11.00** Hogan's Heroes. **12.00** Get Smart. (PG) **1.00** White Collar. (PG) **3.00** Jake And The Fatman. (PG) **4.00** Diagnosis Murder. (PG) **5.00** Star Trek. (PG) **6.00** Family Feud. **6.30** M\*A\*S\*H. (PG) **7.30** Undercover Boss. (PG) **8.30** Movie: Lara Croft: Tomb Raider. (M) (2001) Angelina Jolie, Jon Voight, Iain Glen, Noah Taylor. **10.45** Sex&Drugs&Rock&Roll. (MA15+) **11.15** Sex&Drugs&Rock&Roll. (M) **12.45** Home Shopping. **2.15** Diagnosis Murder. (PG) **3.10** Hogan's Heroes. **4.10** Jake And The Fatman. (PG) **5.05** Vegas. (M)

## ABC

**6.00** ABC News Breakfast. **9.00** ABC News Mornings. **10.00** Landline. **11.00** Compass. **11.30** Eggheads. **12.00** News At Noon. **1.00** Poldark. (M) **2.00** Call The Midwife. (PG) **3.15** The Cook And The Chef. **3.45** The Bill. (PG) **4.10** Murder, She Wrote. (PG) **5.00** ABC News: Early Edition. **5.30** The Drum. **6.00** One Plus One. **6.10** Pointless. **7.00** ABC News. **7.30** 7.30. **8.00** Australian Story. **8.30** Four Corners. **9.20** Media Watch. (PG) **9.35** Q&A. **10.40** Lateline. **11.10** The Business. **11.30** Golf. PGA Tour. Tour Championship. Highlights. From East Lake Golf Course, Atlanta, Georgia. **12.25** Mad Dogs. (MA15+) **1.10** The Mix. **1.40** Rage. (MA15+) **4.00** Call The Midwife. (PG) **5.00** Eggheads. **5.30** The Bill. (PG)

## ABC2

**6.00** Children's Programs. **4.55** The Numtums. **5.00** Wallykazam! **5.25** Peg + Cat. **5.40** Peppa Pig. **5.50** Kazoops! **6.00** Hey Duggee. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Jamillah And Aladdin. **6.50** Shaun The Sheep. **7.00** Spicks And Specks. (PG) **7.30** River Monsters. (PG) **8.20** The Checkout. (PG) **8.30** Louis Theroux's Weird Weekends. (M) **9.20** Ross Kemp: Extreme World. (M) Return. **10.05** Shaun Micallef's MAD AS HELL. (PG) **10.35** Jimmy Fallon. (PG) **11.15** Ricky Gervais Live: Animals. (M) **12.30** River Monsters. (PG) **1.20** Jimmy Fallon. (PG) **2.00** News Update. **2.05** Close. **5.00** Ella The Elephant. **5.10** Boj. **5.20** The Koala Brothers. **5.35** Angelina Ballerina: The Next Steps. **5.45** Abney & Teal.

## SBS

**6.00** WorldWatch. **8.10** Filipino News. **8.40** French News. **9.30** Greek News From Cyprus. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News. **12.30** Turkish News. **1.00** Al Jazeera. **2.00** Opera On Sydney Harbour. **4.20** Johnny Kingdom And The Bears Of Alaska. **5.30** Letters And Numbers. **6.00** Rachel Khoo's Kitchen Notebook: London. **6.30** SBS World News. **7.30** 24 Hours In Emergency. (M) **8.30** Skies Above Britain. (M) **9.35** Wild Weather With Richard Hammond. **10.40** SBS News. **11.10** The World Game. **11.40** Spiral. (M) **12.50** Spiral. (M) **1.10** Movie: Vengeance. (MA15+) (2009) **4.05** 24 Hours In Emergency. (M) **5.00** CCTV English News. **5.30** NHK World English News.

## SBS2

**6.00** WorldWatch. **12.05** Hindi News. **12.30** Dutch News. **1.00** Urdu News. **1.30** Tamil News. **2.00** Thai News. **2.30** Sri Lankan Sinhalese News. **3.00** Bangla News. **3.30** Romanian News. **4.00** Illusions Of Grandeur. (PG) **4.30** The Island With Bear Grylls USA. (PG) Final. **5.25** 365: Every Day Documentaries. **5.30** Daria. **6.00** If You Are The One. **7.05** Brooklyn Nine-Nine. (PG) **7.30** The Feed. **8.00** The Mindy Project. (PG) **8.30** The Mindy Project. **8.55** Unplanned America. (PG) **9.35** Miniseries: Tut. (MA15+) **11.05** Sex Diaries. (M) **12.00** The Feed. **12.30** Danger 5. (MA15+) **1.00** Movie: Superclásico. (MA15+) (2011) **2.50** RT News In English From Moscow. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**6.40pm St Vincent** (2014) Comedy. Bill Murray, Melissa McCarthy. (M) **Masterpiece** **6.45pm Ricki And The Flash** (2015) Comedy. Meryl Streep, Rick Springfield. (PG) **Premiere** **8.30pm Star Trek** (2009) Sci-fi. Chris Pine, Zachary Quinto. (M) **Action** **GENERAL** **8.30pm Vice Principals.** (MA15+) **Comedy Channel** **9.00pm Last Week Tonight With John Oliver.** (MA15+) **Comedy Channel** **9.30pm The Mysteries Of Laura.** (M) **Universal Channel** **DOCUMENTARY** **8.30pm Top Gear: From A-Z.** (M) **BBC Knowledge** **8.30pm Jamie & Jimmy's Food Fight Club.** (PG) **Lifestyle Food** **9.30pm You Should Really See A Doctor.** *Lifestyle 'You* **SPORT** **10.00am Baseball.** Major League. Sunday Night Game. **ESPN2** **5.30pm Surfing.** World League. Women's Tour. Cascais Women's Pro. Day 3. *Fox Sports 2* **7.30pm AFL 360.** *Fox Footy*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

Are you looking for  
new dentures?



ANZAC AVENUE  
DENTURE CLINIC

For full, partial & flexible dentures, implants,  
repairs, relines and services call (07) 3883 2400

Payment plans available!

James R. McNab

Adv Dip GP (Dent) Dip D.T. (Dent)

Registered Dental Practitioner (Technician, (Dent))

5/107 Anzac Ave, Redcliffe

(opposite Redcliffe Hospital)

ADPQC member

www.anzacavenuedentureclinic.com.au

denture  
professionals

keeping the smile on your face



NORTH LAKES  
COUNSELLING SERVICES

www.northlakescounsellingservices.com.au

- Relationship Counselling,
- Personal Counselling,
- Grief and Loss Counselling,
- Qualified Trainer and Assessor for students of Counselling,
- Employment Coaching - Resume and Selection Criteria,
- Job Search Skills and Job Interview Coaching,
- Qualified Training and Workshop Provider.

Move towards a better future

For confidential appointments

Phone 3886 2715 or

Mobile 0423 653 841

Leonie's Relationship Intensive Care is  
available as both a hard copy and eBook  
from her website or Dymocks North Lakes.



Catch Leonie's radio show alternate  
Mondays at 11.00am on 99.7FM



LEONIE SCHILLING



## NINE

**6.00** Today. **9.00** Today Extra. (PG)  
**11.30** Morning News. **12.00** The  
 Ellen DeGeneres Show. (PG) **1.00**  
 Extra. **1.30** Hot In Cleveland. (PG)  
**2.00** The Block. (PG) **3.00** News  
 Now. **4.00** Afternoon News. **5.30**  
 Millionaire Hot Seat. **6.00** Nine  
 News. **7.00** A Current Affair. **7.30**  
 The Block. (PG) **8.40** Unreal Estate.  
 (PG) New. **9.40** Multi Million  
 Dollar Mega Yachts. (PG) **10.40**  
 CSI: Crime Scene Investigation.  
 (M) **11.40** CSI: Crime Scene  
 Investigation. (M) **12.35** 20/20.  
**1.30** Danoz Direct. **2.30** Global  
 Shop. **3.00** Extra. **3.30** Good  
 Morning America. **5.00** News Early  
 Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **1.00**  
 Ninjago: Masters Of Spinjitzu.  
 (PG) **1.30** Kate And Mim-Mim.  
 (PG) **2.00** SpongeBob. **2.30** Yu-Gi-Oh!  
 (PG) **3.00** Over The Garden Wall.  
 (PG) **3.30** Yo-Kai. (PG) **4.00** Kids'  
 WB. (PG) **4.05** Looney Tunes.  
**4.30** Batman. (PG) **5.00** Ben  
 10. (PG) **5.30** Teen Titans. (PG)  
**6.00** Regular Show. (PG) **6.30**  
 Adv Time. (PG) **7.00** The Middle.  
 (PG) **7.30** Big Bang. (PG) **8.30**  
 Movie: Swordfish. (M) (2001)  
**10.30** Movie: Blade II. (MA15+)  
 (2002) **1.00** Regular Show. (PG)  
**1.30** Ben 10. **2.00** Over The  
 Garden Wall. (PG) **2.30** Kate And  
 Mim-Mim. **3.00** Little Charmers.  
**3.30** Yu-Gi-Oh! (PG) **4.00** Power  
 Rangers. (PG) **4.30** Batman.  
 (PG) **4.50** Thunderbirds. **5.30**  
 Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning  
 Show. (PG) **11.30** News. **12.00**  
 Movie: Dawn Anna. (PG) (2005)  
**2.00** The Daily Edition. **3.00** The  
 Chase. **4.00** News. **5.00** The  
 Chase Australia. **6.00** News.  
**7.00** Home And Away. (PG)  
**7.30** Zumbo's Just Desserts. (PG)  
 Final. The top two contestants  
 need to call on every skill they  
 have mastered as they tackle the  
 ultimate test. **8.45** 800 Words.  
 (PG) After a Jet ski injures a  
 local, George is appalled and  
 campaigns to have them banned.  
**9.45** Ramsay's Kitchen Nightmares  
 USA. (M) Presented by Gordon  
 Ramsay. **10.45** Chicago Fire. (M)  
**11.45** Blood & Oil. (M) **12.45** Wild  
 Boys. (PG) Final. **2.00** Shopping.  
**4.00** NBC Today. **5.00** News.  
**5.30** Sunrise.

## 7TWO

**6.00** Shopping. **7.00** Match It.  
**7.30** In Your Dreams. **8.00** Toybox.  
**8.30** Harry's Practice. **9.00** Home  
 And Away: The Early Years. (PG)  
**9.30** NBC Today. **12.00** Air Crash  
 Investigation. (PG) **1.00** Lovejoy.  
 (PG) **2.00** The Great Outdoors.  
**3.00** Surf Patrol. **3.30** Crash  
 Investigation Unit. (PG) A crash  
 on a freeway baffles investigators.  
**4.00** Medical Emergency. (PG)  
**4.30** 60 Minute Makeover. (PG)  
**6.30** Bargain Hunt. **7.30** Kingdom.  
 (M) Simon is arrested. **8.30**  
 Inspector Morse. (PG) Inspector  
 Morse and Sergeant Lewis delve  
 into the minds and morals of  
 the aristocracy, in an attempt to  
 solve a case. **10.50** The Border.  
 (PG) **11.50** Bargain Hunt. **12.50**  
 Lovejoy. (PG) **1.50** Dr Oz. (PG)  
**5.00** This Rugged Coast.

## TEN

**6.00** Ent. Tonight. **6.30** The Home  
 Team. **7.00** Ben's Menu. **7.30** Bold.  
 (PG) **8.00** Family Feud. **8.30** Studio  
 10. (PG) **11.00** The Talk. **12.00** Dr  
 Phil. (PG) **1.00** To Be Advised. **2.10**  
 Ent. Tonight. **2.40** GCBC. **3.00**  
 Judge Judy. (PG) **3.30** My Market  
 Kitchen. **4.00** Ben's Menu. **4.30**  
 Bold. (PG) **5.00** News. **6.00** Family  
 Feud. **6.30** The Project. **7.30**  
 Australian Survivor. Hosted by  
 Jonathan LaPaglia. **9.00** NCIS. (M)  
 The investigation into the death of  
 a navy seamstress leads the team  
 to an international trafficking ring.  
**10.00** NCIS: LA. (M) Callen and  
 the team try to save a child. **11.00**  
 NCIS: New Orleans. (M) **12.00**  
 The Project. **1.00** The Late Show  
 With Stephen Colbert. (PG) **2.00**  
 Shopping. **4.00** Escape With ET.  
**4.30** CBS Morning.

## ONE

**6.00** Shopping. **8.00** Places We  
 Go. Final. **8.30** The Offroad  
 Adventure Show. Final. **9.00**  
 Megastructures. (PG) **10.00**  
 M\*A\*S\*H. (PG) **11.00** Hogan's  
 Heroes. **12.00** Get Smart. (PG)  
**1.00** White Collar. (PG) **3.00**  
 Jake And The Fatman. (PG) **4.00**  
 Diagnosis Murder. (PG) **5.00** Star  
 Trek. (PG) **6.00** Family Feud. **6.30**  
 M\*A\*S\*H. (PG) **7.30** 48 Hours.  
 (M) **8.30** Movie: Ned Kelly. (M)  
 (2003) Heath Ledger, Orlando  
 Bloom, Naomi Watts, Geoffrey  
 Rush. **10.45** Rosewood. (MA15+)  
**11.45** Motorcycle Racing. MotoGP.  
 Race 14. Aragón Grand Prix.  
 Replay. From Motorland Aragón,  
 Alcañiz, Spain. **1.15** Shopping.  
**2.15** Diagnosis Murder. (PG) **3.10**  
 Hogan's Heroes. **4.10** Jake And  
 The Fatman. (PG) **5.05** Vegas. (M)

## ABC

**6.00** ABC News Breakfast. **9.00**  
 ABC News Mornings. **10.00** Four  
 Corners. **10.45** Media Watch.  
 (PG) **11.00** Back Roads. **11.30**  
 Eggheads. **12.00** News At Noon.  
**1.00** Pointless. **1.45** Call The  
 Midwife. (PG) **2.45** Auction Room.  
**3.15** The Cook And The Chef.  
**3.45** The Bill. (PG) **4.10** Murder,  
 She Wrote. (PG) **5.00** ABC News:  
 Early Edition. **5.30** The Drum. **6.00**  
 One Plus One. **6.10** Pointless.  
**7.00** ABC News. **7.30** 7.30. **8.00**  
 Catalyst. (PG) **8.30** Conviction.  
 (M) **9.30** Foreign Correspondent.  
**10.00** Trent Parke: The Black  
 Rose. **10.30** Lateline. **11.00** The  
 Business. **11.20** Q&A. **12.25**  
 Mademoiselle C. (M) **1.55** Rage.  
 (MA15+) **4.00** Call The Midwife.  
 (PG) **5.00** Eggheads. **5.30** The  
 Bill. (PG)

## ABC2

**6.00** Children's Programs. **4.45**  
 Pocoyo. **4.55** The Numtums. **5.00**  
 Wallykazam! **5.25** Peg & Cat. **5.40**  
 Peppa Pig. **5.50** Kazoops! **6.00**  
 Hey Duggee. **6.10** Octonauts.  
**6.20** Peter Rabbit. **6.35** Jamillah  
 And Aladdin. **6.50** Shaun The  
 Sheep. **7.00** Spicks And Specks.  
 (PG) **7.30** River Monsters. (PG)  
**8.20** The Checkout. **8.30** Good  
 Game. (M) **9.00** The Checkout.  
 (PG) **9.30** Hard Time. (M) **10.20**  
 Shaun Micallef's MAD AS HELL.  
 (PG) **10.55** Jimmy Fallon. (PG)  
**11.35** Ross Kemp: Extreme World.  
 (M) **12.20** River Monsters. (PG)  
**1.10** Jimmy Fallon. (PG) **1.50** Hard  
 Time. (M) **2.40** News Update. **2.45**  
 Close. **5.00** Ella The Elephant.  
**5.10** Boj. **5.20** The Koala Brothers.  
**5.35** Angelina Ballerina: The Next  
 Steps. **5.45** Abney & Teal.

## SBS

**6.00** WorldWatch. **8.40** French  
 News. **9.30** Greek News From  
 Cyprus. **10.30** German News.  
**11.00** Spanish News. **12.00** Arabic  
 News. **12.30** Turkish News. **1.00**  
 PBS News. **2.00** Andrea Bocelli:  
 Cinema. **3.30** Acid Ocean. **4.30**  
 The Return Of The Tiger. (PG) **5.30**  
 Letters And Numbers. **6.00** Rachel  
 Khoo's Kitchen Notebook: London.  
**6.30** SBS World News. **7.30** Who  
 Do You Think You Are? **8.30**  
 Insight. **9.30** Dateline. **10.00** SBS  
 News. **10.30** Italy 1992. (MA15+)  
 New. **11.30** Italy 1992. (MA15+)  
**12.30** Movie: The Secret In Their  
 Eyes. (MA15+) (2009) **2.50** 24  
 Hours In Police Custody. (M) **3.55**  
 Food Lovers' Guide To Australia.  
**4.25** Destination Flavour Bitesize.  
**4.30** Soccer. UEFA Champions  
 League. Dortmund v Real Madrid.

## SBS2

**6.00** WorldWatch. **1.30** Tamil  
 News. **2.00** Thai News. **2.30**  
 Sri Lankan Sinhalese News.  
**3.00** Bangla News. **3.30** Nepali  
 News. **4.00** The Feed. **4.35** The  
 Raft. (PG) **5.30** 365: Every Day  
 Documentaries. (PG) **5.35** Daria.  
**6.05** If You Are The One. **7.05**  
 Brooklyn Nine-Nine. (PG) **7.30**  
 The Feed. **8.00** Full Frontal With  
 Samantha Bee. (M) **8.30** Tyger  
 Takes On... (M) **9.35** Raised By  
 Wolves. (M) **10.05** Raised By  
 Wolves. (MA15+) **10.30** A Girls  
 Guide To Porn. (MA15+) **11.25**  
 The Feed. **11.55** Nick Helm's  
 Heavy Entertainment. (M) **12.30**  
 Dig. (M) **1.20** Dig. (M) **2.10** @  
 midnight. (M) **2.40** @midnight.  
 (M) **3.10** France 24 News In  
 English From Paris. **5.00** Korean  
 News. **5.30** Indonesian News.



## MOVIES

**8.30pm Sleeping Beauty** (2011)  
 Drama. Emily  
 Browning, Rachael  
 Blake. (MA15+)  
**World Movies**  
**8.30pm Seven Psychopaths** (2012)  
 Crime. Colin Farrell,  
 Woody Harrelson.  
 (MA15+) **Comedy**  
**8.30pm Batman Begins** (2005)  
 Action. Christian  
 Bale, Michael Caine.  
 After travelling the  
 world, a man returns  
 home to use his  
 newly gained skills  
 to battle organised  
 crime. (M) **Action**

## GENERAL

**7.30pm Australia's Next Top Model.**  
 (PG) FOX8

**8.30pm Doctor Who.** (M) Syfy  
**9.30pm Homeland.**  
 (MA15+) FX

**DOCUMENTARY**  
**8.30pm Charlie's Chelsea Garden.**  
 (PG) Lifestyle

**8.30pm Jutland: WWI's Greatest Sea Battle.** (PG) History  
**9.30pm The Great British Sewing Bee.**  
 (PG) Lifestyle

## SPORT

**7.30pm Back Page.**  
 Fox Sports 1  
**10.00pm Soccer.**  
 FFA Cup.  
 Fox Sports 4  
**11.00pm Cycling.**  
 UCI Europe Tour.  
 Tre Valli Varesine.  
 Eurosport

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

2709

Foot Health Month -  
October. Treat your feet

All care plans are  
bulk billed.

New summer shoe stock  
has arrived, order now.

**GaitWay**  
PODIATRY

Excellence in  
Foot Care

Suite 2, 9 Gregor St West, North Lakes  
T: 3385 0567 | E: admin@gaitway.com.au  
www.gaitway.com.au

**entirehealth**

**WE'RE MOVING!**  
From September we look forward to welcoming  
you to our new premises at North Lakes' brand new  
Specialist Medical Centre at 6 North Lakes Drive

**SPECIALIST MEDICAL CENTRE  
NORTH LAKES**

**PHYSIO • REMEDIAL MASSAGE • DIETETICS  
PILATES AND MEMBERSHIP • EXERCISE PHYSIOLOGY**

Official Physiotherapists for

LIKE US ON FACEBOOK TO SEE ALL  
OUR SPECIAL OFFERS.

**3491 6166 | L1 Westfield North Lakes**  
**www.entirehealth.com.au**

(Above North Lakes Tavern)



## NINE

**6.00** Today. **9.00** Today Extra. (PG)  
**11.30** Morning News. **12.00** The  
 Ellen DeGeneres Show. (PG) **1.00**  
 Extra. **1.30** Hot In Cleveland. (PG)  
**2.00** The Block. (PG) **3.00** News  
 Now. **4.00** Afternoon News. **5.30**  
 Millionaire Hot Seat. **6.00** Nine  
 News. **7.00** A Current Affair.  
**7.30** The Block. (PG) **8.40** Doctor  
 Doctor. (M) **9.40** Amazing Medical  
 Stories. (M) **10.40** The Truth About  
 Calories. (PG) **11.40** Stalker. (M)  
**12.30** Weeds. (MA15+) **1.00**  
 Extra. **1.30** Danoz Direct. **2.30**  
 Skippy The Bush Kangaroo. **3.00**  
 Global Shop. **3.30** Good Morning  
 America. **5.00** News Early Edition.  
**5.30** Today.

## GO!

**6.00** Children's Programs. **1.30**  
 Kate And Mim-Mim. **2.00**  
 SpongeBob. **2.30** Yu-Gi-Oh! (PG)  
**3.00** Rabbids Invasion. (PG) **3.30**  
 Yo-Kai. (PG) **4.00** Kids' WB. (PG)  
**4.05** Looney Tunes. **4.30** Batman.  
 (PG) **5.00** Ben 10. (PG) **5.30** Teen  
 Titans. (PG) **6.00** Regular Show.  
 (PG) **6.30** Adv Time. (PG) **7.00**  
 The Middle. (PG) **7.30** Auction  
 Hunters. (PG) **8.30** Movie: K-19:  
 The Widowmaker. (M) (2002)  
**11.20** Cops Uncut. (MA15+)  
**12.20** GO Surround Sound. **12.30**  
 Adv Time. (PG) **1.00** Regular  
 Show. (PG) **1.30** Ben 10. (PG)  
**2.00** Rabbids Invasion. (PG) **2.30**  
 Kate And Mim-Mim. **3.00** Little  
 Charmers. **3.30** Yu-Gi-Oh! (PG)  
**4.00** Power Rangers. (PG) **4.30**  
 Batman. (PG) **4.50** Thunderbirds.  
**5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning  
 Show. (PG) **11.30** News. **12.00**  
 Movie: Baby Brokers. (PG) (1994)  
**2.00** The Daily Edition. **3.00** The  
 Chase. **4.00** News. **5.00** The  
 Chase Australia. **6.00** News. **7.00**  
 Home And Away. (PG) **7.30** Border  
 Security. (PG) After officers spot a  
 traveller behaving very strangely,  
 he acts up when he is caught  
 out breaking the law. **8.00** The  
 Force: Behind The Line. (PG) **8.30**  
 Hannibal. (MA15+) Return. **12.30**  
 Happy Endings. (PG) **1.00** Happy  
 Endings. (PG) **1.30** Happy Endings.  
 (PG) **2.00** Shopping. **4.00** NBC  
 Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **7.00** Match It.  
**7.30** In Your Dreams. **8.00** Toybox.  
**8.30** Harry's Practice. **9.00** Home  
 And Away: The Early Years. (PG)  
**9.30** NBC Today. **12.00** The  
 Border. (PG) **1.00** Lovejoy. (PG)  
**2.00** The Great Outdoors. **3.00**  
 House Doctor (Design For Living)  
 Presented by Ann Maurice. **4.00**  
 Medical Emergency. (PG) **4.30**  
 60 Minute Makeover. (PG) **6.30**  
 Bargain Hunt. **7.30** Doc Martin.  
 (PG) Martin tries to help a local  
 radio host. **8.30** Lewis. (M) After  
 a female student is murdered in a  
 hotel room, Detectives Lewis and  
 Hathaway are drawn into a case  
 driven by celebrity. **10.30** Waking  
 The Dead. (MA15+) **11.45** Bargain  
 Hunt. **12.45** Lovejoy. (PG) **2.00**  
 Shopping. **4.00** Dr Oz. (PG) **5.00**  
 This Rugged Coast.

## TEN

**6.00** Ent. Tonight. **6.30** The Home  
 Team. **7.00** Ben's Menu. **7.30**  
 Bold. (PG) **8.00** Family Feud. **8.30**  
 Studio 10. (PG) **11.00** The Talk.  
**12.00** Dr Phil. (PG) **1.00** To Be  
 Advised. **2.10** Ent. Tonight. **2.40**  
 GCB. **3.00** Judge Judy. (PG)  
**3.30** My Market Kitchen. **4.00**  
 Ben's Menu. **4.30** Bold. (PG) **5.00**  
 News. **6.00** Family Feud. **6.30** The  
 Project. **7.30** The Bachelorette  
 Australia. **8.30** The Wrong Girl.  
 New. The producer of a cooking  
 segment on a morning TV show  
 finds herself torn between two  
 very different men. **9.30** NCIS: LA.  
 (M) The team searches for a North  
 Korean spy. **10.30** Hawaii Five-0.  
 (M) **11.30** The Project. **12.30** The  
 Late Show With Stephen Colbert.  
 (PG) **1.30** Shopping. **4.00** Escape  
 With ET. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00**  
 International Fishing Series. **8.30**  
 Reel Action. **9.00** Monster Jam.  
**10.00** M\*A\*S\*H. (PG) **11.00**  
 Hogan's Heroes. **12.00** Get Smart.  
 (PG) **1.00** White Collar. (PG) **3.00**  
 Jake And The Fatman. (PG) **4.00**  
 Diagnosis Murder. (PG) **5.00** Star  
 Trek. (PG) **6.00** Family Feud. **6.30**  
 M\*A\*S\*H. (PG) **7.30** Robson's  
 Extreme Fishing Challenge. (PG)  
 Final. **8.30** Megafactories. (PG)  
**9.30** Shark Tank. (PG) **10.30** 24:  
 Live Another Day. (M) **11.30** Sons  
 Of Anarchy. (MA15+) **12.30** Home  
 Shopping. **2.00** Diagnosis Murder.  
 (PG) **3.00** Hogan's Heroes. **4.00**  
 Jake And The Fatman. (PG) **5.00**  
 Vegas. (M)

## ABC

**6.00** News. **9.00** News Mornings.  
**10.00** Q&A. **11.30** Eggheads.  
**12.00** News. **12.30** Press Club.  
**1.30** Pointless. **2.15** Jennifer Byrne  
 Presents. (PG) **2.45** Auction Room.  
**3.15** The Cook And The Chef.  
**3.45** The Bill. (PG) **4.10** Murder,  
 She Wrote. (PG) **5.00** News. **5.30**  
 The Drum. **6.00** One Plus One.  
**6.10** Pointless. **7.00** ABC News.  
**7.30** 7.30. **8.00** Anh's Brush With  
 Fame. (M) **8.30** Gruen. (M) **9.10**  
 You Can't Ask That. (M) **9.35** QI.  
 (M) **10.05** Would I Lie To You?  
 (PG) **10.40** Lateline. **11.10** The  
 Business. **11.25** Four Corners.  
**12.15** Media Watch. (PG) **12.30**  
 The Weekly. (M) **1.00** QI. (M) **1.35**  
 Would I Lie To You? (PG) **2.05**  
 Rage. (MA15+) **4.00** Call The  
 Midwife. (M) **5.00** Eggheads. **5.30**  
 The Bill. (PG)

## ABC2

**6.00** Children's Programs. **4.55**  
 The Numtums. **5.00** Wallykazam!  
**5.25** Peg + Cat. **5.40** Peppa Pig.  
**5.50** Kazoops! **6.00** Hey Duggee.  
**6.10** Octonauts. **6.20** Peter Rabbit.  
**6.35** Jamillah And Aladdin. **6.50**  
 Shaun The Sheep. **7.00** Spicks And  
 Specks. (PG) **7.30** River Monsters.  
 (PG) **8.20** Gruen Rewind. **8.30** The  
 Men Who Made Us Spend. Final.  
**9.20** The 12 Year Old Shopaholic.  
 (PG) **10.05** Shaun Micallef's MAD  
 AS HELL. (PG) **10.40** Jimmy Fallon.  
 (PG) **11.20** Swamp Brothers. (PG)  
**11.40** Swamp Brothers. (PG) **12.05**  
 Swamp Brothers. (PG) **12.30** River  
 Monsters. (PG) **1.20** Jimmy Fallon.  
 (PG) **2.00** News Update. **2.05**  
 Close. **5.00** Ella The Elephant.  
**5.10** Boj. **5.20** The Koala Brothers.  
**5.35** Angelina Ballerina: The Next  
 Steps. **5.45** Abney & Teal.

## SBS

**6.00** Soccer. UEFA Champions  
 League. Dortmund v Real Madrid.  
 Continued. **7.00** WorldWatch.  
**9.50** Futsal. FIFA Futsal World  
 Cup. First semi-final. **11.40**  
 WorldWatch. **2.00** Brits Who  
 Built The Modern World. (PG)  
**3.00** Dateline. **3.30** Insight. **4.30**  
 Wild Berlin. **5.30** Letters And  
 Numbers. **6.00** Rachel Khoo's  
 Kitchen Notebook: London. **6.30**  
 SBS World News. **7.30** Great  
 American Railroad Journeys. **8.35**  
 24 Hours In Emergency. (M) **9.35**  
 The Secret. (M) **10.30** SBS News.  
**11.00** The Five. (M) **12.00** Movie:  
 Human Capital. (MA15+) (2013)  
**2.00** Movie: My Father's Guests.  
 (M) (2010) **3.45** David Starkey's  
 Music And Monarchy. (PG) **4.55**  
 Destination Flavour Bitesize. **5.00**  
 WorldWatch.

## SBS2

**6.00** WorldWatch. **9.05** Croatian  
 News. **9.40** Serbian News. **10.20**  
 Portuguese News. **11.00** Japanese  
 News. **11.35** Punjabi News. **12.05**  
 Hindi News. **12.30** Dutch News.  
**1.00** Urdu News. **1.30** Tamil News.  
**2.00** Thai News. **2.30** Sri Lankan  
 Sinhalese News. **3.00** Bangla  
 News. **3.30** African News. **4.00**  
 The Feed. **4.30** The Raft. (PG) **5.25**  
 365: Every Day Documentaries.  
**5.30** Daria. **6.05** If You Are The  
 One. **7.05** Brooklyn Nine-Nine.  
 (PG) **7.30** The Feed. **8.00** The  
 Green Room With Paul Provenza.  
 (M) **8.30** Top Knot Detective.  
**9.35** Movie: Drunken Master. (M)  
 (1978) **11.35** The Feed. **12.05**  
 UnREAL. (M) **12.55** UnREAL.  
 (M) **1.45** Cockroaches. (M) **2.15**  
 Deutsche Welle. **5.00** Korean  
 News. **5.30** Indonesian News.



## MOVIES

**6.40pm Suffragette**  
 (2015) Drama. Carey  
 Mulligan, Helena  
 Bonham Carter. (M)  
*Premiere*  
**8.30pm The Dark**  
**Knight** (2008)  
 Action. Christian  
 Bale, Heath Ledger.  
 Batman teams up  
 with Gotham City's  
 new district attorney  
 to stop The Joker.  
 (M) *Action*  
**8.30pm Practical**  
**Magic** (1998)  
 Fantasy. Sandra  
 Bullock, Nicole  
 Kidman. (M)  
*Romance*  
**GENERAL**  
**8.30pm The Strain.**  
 (MA15+) FOX8  
**9.30pm Law &**  
**Order: LA.** (MA15+)  
*Universal Channel*  
**9.30pm WAGS.**  
 (M) *E!*  
**DOCUMENTARY**  
**8.30pm I Own**  
**Australia's Best**  
**Home.** (PG) *Lifestyle*  
**9.30pm One Born**  
**Every Minute UK.**  
 (M) *Lifestyle You*  
**9.30pm 60 Days In.**  
 (MA15+) *Crime &*  
*Investigation*  
**SPORT**  
**10.00am Ice**  
**Hockey.** World Cup.  
 Finals. Game 1.  
*ESPN2*  
**7.00pm Soccer.**  
 FFA Cup.  
*Fox Sports 4*  
**8.30pm The**  
**Winners Rebooted.**  
*Fox Footy*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

FULLY LICENCED BAR

ASK ABOUT OUR GROUP DISCOUNTS

**Nessies**

Cafe & Restaurant

BEAT THE MORNING BLUES WITH A 1/2 PRICE MORNING BREW & YOUR FAVOURITE BACON DELIGHT

ONLY \$8.90

Valid every morning from 7:00 AM - 11:00 AM only. Cannot be combined with other current promotional offers.

NESSIES BAR & CAFÉ RESTAURANT  
 Shop 10, Evergreen Lifestyle Centre  
 14-18 Discovery Drive, North Lakes

BOOK NOW  
**3491 8838**  
 OR 0403 309 602

steps  
 dance centre

DANCE

enrol now feel the freedom of dance  
 All styles of dance for all ages  
 ~ for enjoyment ~ to experience performance ~  
 Audition for our Young and Youth Elite Extension Programs  
 Study with Steps 2 Dance - Certificate III in Dance through ADI  
 Learn from the Professionals

www.stepsdancecentre.com Phone: 3204 7239



## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Extra. **1.30** Hot In Cleveland. (PG) **2.00** The Block. (PG) **3.00** News Now. **4.00** Afternoon News. **5.30** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** The NRL Footy Show. (M) Final. **10.00** Survivor: Millennials Vs Gen X. (PG) Return. **11.30** The AFL Footy Show. (M) Final. **2.30** Global Shop. **3.00** Extra. **3.30** Good Morning America. **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **1.30** Kate And Mim-Mim. **2.00** SpongeBob. **2.30** Yu-Gi-Oh! (PG) **3.00** Rabbids Invasion. (PG) **3.30** Yo-Kai. (PG) **4.00** Kids' WB. (PG) **4.05** Looney Tunes. (PG) **4.30** Batman. (PG) **5.00** Ben 10. (PG) **5.30** Teen Titans. (PG) **6.00** Regular Show. (PG) **6.30** Adv Time. (PG) **7.00** The Middle. (PG) **7.30** Mom. (M) **8.30** 2 Broke Girls. (M) **9.30** Two And A Half Men. (PG) **10.30** Rick And Morty. **12.00** Sullivan & Son. (M) **12.30** Adv Time. (PG) **1.00** Regular Show. (PG) **1.30** Ben 10. (PG) **2.00** Rabbids Invasion. (PG) **2.30** Kate And Mim-Mim. **3.00** Little Charmers. **3.30** Yu-Gi-Oh! (PG) **4.00** Power Rangers. (PG) **4.30** Batman. (PG) **4.50** Thunderbirds. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Volcano: Fire On The Mountain. (PG) (1997) **2.00** The Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Australia. **6.00** News. **7.00** Home And Away. (PG) Tori and Nate clash over Caroline's condition. **8.00** Monkeys Make You Laugh Out Loud. (PG) Takes a look at amusing moments featuring monkeys which have been caught on camera. **9.00** Selling Houses Australia. After a relationship breakdown, a woman attempts to sell the home her stepfather helped her buy. **10.10** Saved. (PG) Part 3 of 4. **11.10** Code Black. (M) **12.10** Revenge. (M) **1.05** Revenge. (M) **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **7.00** Match It. **7.30** In Your Dreams. **8.00** Toybox. **8.30** Harry's Practice. **9.00** Home And Away: The Early Years. (PG) **9.30** NBC Today. **12.00** Doc Martin. (PG) **1.00** Lovejoy. (PG) **2.00** The Great Outdoors. **3.00** Property Ladder. (PG) **4.00** Medical Emergency. (PG) **4.30** 60 Minute Makeover. (PG) **6.30** Bargain Hunt. **7.30** Father Brown. (M) **8.30** Murdoch Mysteries. (M) Murdoch risks Canadian-American relations when he discovers part of a coded message on a decades-old body. **10.30** Some Mothers Do 'Ave 'Em. (PG) **11.00** One Foot In The Grave. (PG) **11.45** Bargain Hunt. **12.45** Psychic TV. (M) **3.45** Some Mothers Do 'Ave 'Em. (PG) **4.15** One Foot In The Grave. (PG) **5.00** Harry's Practice. **5.30** Shopping.

## TEN

**6.00** Ent. Tonight. **6.30** The Home Team. **7.00** Ben's Menu. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **11.00** The Talk. **12.00** Dr Phil. (PG) **1.00** To Be Advised. **2.00** Ent. Tonight. **2.30** GCB. **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Ben's Menu. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** The Bachelorette Australia. **8.30** Gogglebox. TV fanatics open up their living rooms to reveal their reactions to popular and topical TV shows. **9.30** Law & Order: SVU. (M) A girl is spotted with suspicious injuries. **10.30** Blue Bloods. (M) **11.30** The Project. **12.30** The Late Show With Stephen Colbert. (PG) **1.30** Shopping. **4.00** Escape With ET. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** All 4 Adventure. (PG) **9.00** 4WD Touring Australia. Final. **10.00** M\*A\*S\*H. (PG) **11.00** Hogan's Heroes. **12.00** Get Smart. (PG) **1.00** White Collar. (PG) **3.00** Jake And The Fatman. (PG) Final. **4.00** Diagnosis Murder. (PG) **5.00** Star Trek. (PG) **6.00** Family Feud. **6.30** M\*A\*S\*H. (PG) **7.30** Caught On Camera: Heroes And Villains. New. **8.30** Megastructures. **9.30** Cops: Adults Only. (PG) **10.30** Clubland. (M) **11.00** Megafactories. (PG) **12.00** Home Shopping. **2.00** Cops: Adults Only. (PG) **3.00** Bellator MMA. (M) **5.00** Vegas. (M)

## ABC

**6.00** News. **9.00** News Mornings. **10.00** Australian Story. **10.30** Foreign Corre. **11.00** Who's Been Sleeping In My House? **11.30** Eggheads. **12.00** News. **1.00** Pointless. **1.45** Call The Midwife. (M) **2.45** Auction Room. **3.15** The Cook And The Chef. **3.45** The Bill. (PG) **4.10** Murder, She Wrote. (PG) **5.00** News. **5.30** The Drum. **6.00** One Plus One. (PG) **6.10** Pointless. **6.55** Clarke And Dawe. **7.00** News. **7.30** 7.30. **8.00** The Checkout: Factory Seconds. (PG) Final. **8.30** The Code. (M) **9.30** The Tunnel: Sabotage. (MA15+) **10.20** Lateline. **10.55** The Business. **11.10** Hitting Home With Sarah Ferguson. (M) **12.10** Lowdown. (M) Final. **12.40** Outside Chance. (MA15+) **1.10** Press Club. **2.10** Golf. PGA Tour. Tour Championship. Highlights. **3.10**

## ABC2

**6.00** Children's Programs. **4.55** The Numtums. **5.00** Wallykazam! **5.25** Peg + Cat. **5.40** Peppa Pig. **5.50** Kazoops! **6.00** Hey Duggee. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Jamillah And Aladdin. **6.50** Shaun The Sheep. **7.00** Spicks And Specks. **7.30** River Monsters. (PG) **8.20** The Checkout. **8.30** Gruen XL. (M) **9.15** Catastrophe. (M) **9.40** Episodes. (MA15+) **10.10** Shaun Micallef's MAD AS HELL. (PG) **10.40** Jimmy Fallon. (PG) **11.25** Swamp Brothers. (PG) **11.45** Swamp Brothers. (PG) **12.10** Swamp Brothers. (PG) **12.35** River Monsters. (PG) **1.25** Jimmy Fallon. (PG) **2.05** News Update. **2.10** Close. **5.00** Ella The Elephant. **5.10** Boj. **5.20** The Koala Brothers. **5.35** Angelina Ballerina: The Next Steps. **5.45** Abney & Teal.

## SBS

**6.00** WorldWatch. **9.50** Futsal. FIFA Futsal World Cup. Second semi-final. **11.40** WorldWatch. **2.00** Contact. (PG) **2.35** Cathedrals Of Culture. **3.10** SBS Flashback. **3.15** Italian Americans. (PG) **4.20** British Gardens In Time. **5.30** Letters And Numbers. **6.00** Rachel Khoo's Kitchen Notebook: London. **6.30** SBS World News. **7.30** Why Are Thin People Not Fat? **8.30** Luke Nguyen's Street Food Asia. **9.00** Destination Flavour Down Under. **9.30** Death Row. (M) **10.30** SBS News. **11.00** Porn On The Brain. (MA15+) **12.00** Movie: Burn. (M) (2009) **1.50** Ainsley Harriott's Street Food. **2.45** Who Do You Think You Are? **3.55** Monster Moves. **4.50** Seven Minutes In The Warsaw Ghetto. (PG) **5.00** WorldWatch.

## SBS2

**6.00** WorldWatch. **12.05** Hindi News. **12.30** Dutch News. **1.00** Urdu News. **1.30** Tamil News. **2.00** Thai News. **2.30** Sri Lankan Sinhalese News. **3.00** Bangla News. **3.30** Somali News. **4.00** The Feed. **4.30** The Raft. (PG) **5.25** 365: Every Day Documentaries. (PG) **5.30** Daria. **6.05** If You Are The One. **7.05** Brooklyn Nine-Nine. (PG) **7.30** The Feed. **8.00** Billy On The Street. Return. **8.30** Billy On The Street. **9.00** South Park. **9.25** United Shades Of America. (PG) **10.20** UEFA Champions League Highlights. **11.20** The Feed. **11.50** League Nation Live. **1.25** Payday. (MA15+) **2.20** Big Trouble In Thailand. (M) **3.10** Close Up Kings. (M) **4.05** NHK World English News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**6.25pm Rust And Bone** (2012) Drama. Marion Cotillard. (MA15+) *World Movies*  
**8.30pm The Dark Knight Rises** (2012) Action. Christian Bale, Anne Hathaway. After almost a decade, Batman comes out of retirement to battle a terrorist known as Bane. (M) *Action*  
**8.30pm Nick & Norah's Infinite Playlist** (2008) Comedy. (M) *Romance*

## GENERAL

**8.30pm Kingdom**. (MA15+) *FX*  
**8.30pm The Musketeers**. (M) *BBC First*  
**8.30pm Who Do You Think You Are?** (PG) *UKTV*  
**DOCUMENTARY**  
**7.30pm Homicide Hunter**. (M) *Crime & Investigation*  
**7.30pm Aussie Gold Hunters**. (PG) *Discovery*  
**8.30pm Eton: Most Famous School In The World**. (PG) *Lifestyle*  
**SPORT**  
**1.00pm Golf**. Asian PGA Tour. Korean Open. First round. *Fox Sports 3*  
**8.30pm Tennis**. WTA Tour. Wuhan Open. Quarter-finals. *Fox Sports 3*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

2909

# WELCOME TO hefford price LAW



**ROBYN HAMPTON**  
Associate

LLB (QUT), GDipLegPrac (COL)  
Commissioner for Declarations

Family Law | Criminal Law  
Wills & Estates | Conveyancing

Call 3204 4388 | 1467 Anzac Avenue, Kallangur

heffordprice.com.au | reception@heffordprice.com.au

BRISBANE JUNIOR THEATRE presents

## SINGIN' IN THE RAIN

**Bjt**  
Brisbane Junior Theatre

**30th Sept and 1st Oct at  
Mueller Performing Arts Centre, 75 Morris Rd, Rothwell**

Tickets at the door  
Adults \$15 | Child \$10 | Concession \$10  
Call Debbie for more info on 0438 896 436

## Emilio's Cafe Kallangur



Carpark Entrance  
Family Medical Practice  
Cnr Anzac Ave &  
School Rd, Kallangur

Live music on Saturdays....  
Open 6.30am Mon-Sat

**Ph:3482 2200**

**\$10 Tradie's Breakfast Deal**  
Bacon & Egg Toastie & Medium Coffee



## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Ellen DeGeneres. (PG) **1.00** Movie: Waiting For The Light. (PG) (1990) Shirley MacLaine. **3.00** News. **4.00** Afternoon News. **5.30** Hot Seat. **6.00** Nine News. **7.00** ACA. **7.30** RBT. **8.30** Movie: The Notebook. (PG) (2004) Rachel McAdams, Ryan Gosling, James Garner, Gena Rowlands. An old man reads a love story from a faded notebook to a woman with Alzheimer's disease. **11.00** Movie: J. Edgar. (M) (2011) Leonardo DiCaprio, Armie Hammer, Naomi Watts. J. Edgar Hoover recounts his career. **1.45** Movie: Love Birds. (PG) (2011) Rhys Darby, Faye Smythe. A man nurses an injured duck back to health. **3.45** Nine Presents. **4.00** Global Shop. **4.30** GMA.

## GO!

**6.00** Children's Programs. **11.30** Yu-Gi-Oh! (PG) **12.00** Little Charmers. **12.30** Ben 10. (PG) **1.00** Ninjago: Masters Of Spinjitzu. (PG) **1.30** Kate And Mim-Mim. **2.00** SpongeBob. **2.30** Yu-Gi-Oh! (PG) **3.00** Rabbids Invasion. (PG) **3.30** Yo-Kai. (PG) **4.00** Kids' WB. (PG) **4.05** Looney Tunes. **4.30** Batman. (PG) **5.00** Ben 10. (PG) **5.30** Teen Titans Go! (PG) **6.00** Regular Show. (PG) **6.30** Movie: The Spiderwick Chronicles. (PG) (2008) **8.30** Movie: The Hobbit: An Unexpected Journey. (M) (2012) **12.10** Forever. (M) **2.00** Rabbids Invasion. (PG) **2.30** Kate And Mim-Mim. **3.00** Little Charmers. **3.30** Yu-Gi-Oh! (PG) **4.00** Power Rangers. (PG) **4.30** Batman. (PG) **4.50** Thunderbirds. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Taken Away. (PG) (1996) **2.00** The Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Australia. **6.00** News. **7.00** Better Homes. Joh catches up with 800 Words star Melina Vidler at her Brisbane home. **8.30** Movie: The Da Vinci Code. (M) (2006) Tom Hanks, Audrey Tautou, Ian McKellen, Paul Bettany. An academic uncovers a conspiracy while helping investigate a murder inside the Louvre. **11.40** Friday Front Bar. (M) A unique look at the AFL. **1.10** The Neighbors. (PG) The Weavers' Christmas is ruined. **1.35** Happy Endings. (M) Brad tries to save the children's gym. **2.00** Shopping. **4.00** Dr Oz. (PG) **5.00** NBC Today.

## 7TWO

**6.00** Shopping. **7.00** Match It. **7.30** In Your Dreams. **8.00** Toybox. **8.30** Harry's Practice. **9.00** Home And Away: The Early Years. (PG) **9.30** NBC Today. **12.00** Better Homes. **1.00** Lovejoy. (PG) **2.00** The Great Outdoors. **3.00** Property Ladder UK Revisited. New. **4.00** Best Houses Australia. **4.30** 60 Minute Makeover. (PG) **6.30** Bargain Hunt. **7.30** Mr Selfridge. (PG) Return. Harry prepares to unveil his London legacy. **8.30** Escape To The Country. Alistair Appleton heads to the Cotswolds to help find a house for a couple of globetrotting teachers. **11.30** Bargain Hunt. **12.30** Psychic TV. (M) **3.30** Property Ladder UK Revisited. **4.30** Air Rescue. (PG) **5.00** Harry's Practice. **5.30** Shopping.

## TEN

**6.00** Ent. Tonight. **6.30** The Home Team. **7.00** Ben's Menu. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **11.00** The Talk. **12.00** Dr Phil. (PG) **1.00** The Living Room. **2.00** Ent. Tonight. **2.30** GCB. **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Ben's Menu. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. Hosted by Grant Denyer. **6.30** The Project. A look at the day's news. **7.30** The Living Room. Hosted by Amanda Keller. **8.30** Have You Been Paying Attention? (M) Special guests include Ed Kavalee, Celeste Barber, Mick Molloy, Anne Edmonds and Sam Pang. **9.30** To Be Advised. **10.30** To Be Advised. **11.30** The Project. **12.30** The Late Show With Stephen Colbert. (PG) **1.30** Shopping.

## ONE

**6.00** Shopping. **8.00** Motorcycle Racing. MotoGP. Race 14. Aragón Grand Prix. Replay. **9.30** Fishing Edge. **10.00** M\*A\*S\*H. (PG) **11.00** Hogan's Heroes. **12.00** Get Smart. (PG) **1.00** Raising Hope. (PG) **2.00** White Collar. (PG) Final. **3.00** Jake And The Fatman. (PG) **4.00** Diagnosis Murder. (PG) **5.00** Star Trek. **6.00** Family Feud. **6.30** M\*A\*S\*H. (PG) **7.30** MacGyver. (PG) **8.30** Movie: True Justice: Urban Warfare. (M) (2011) Steven Seagal, Meghan Ory, Warren Christie. **10.30** Movie: True Justice: Payback. (M) (2011) Steven Seagal, Meghan Ory, Warren Christie. **11.30** Get Smart. (PG) **12.30** Home Shopping. **2.00** Hogan's Heroes. **3.00** Diagnosis Murder. (PG) **4.00** Jake And The Fatman. (PG) **5.00** Vegas. (M)

## ABC

**6.00** ABC News Breakfast. **9.00** ABC News Mornings. **10.00** One Plus One. **10.30** Catalyst. (PG) **11.00** Devil Island. (PG) **11.30** Eggheads. **12.00** News At Noon. **1.00** Pointless. **1.45** Call The Midwife. (PG) Final. **2.45** Auction Room. **3.15** The Cook And The Chef. **3.45** The Bill. (PG) **4.10** Murder, She Wrote. **5.00** ABC News: Early Edition. **5.30** The Drum. **6.00** One Plus One. (PG) **6.10** Pointless. **7.00** ABC News. **7.30** 3.0. **8.00** QI. (M) **8.30** Midsomer Murders. (M) **10.05** Birds Of A Feather. (PG) **10.30** Lateline. **11.00** The Business. **11.15** Adam Hills: The Last Leg. (M) **12.00** Rage. (MA15+) **5.00** Rage. (PG)

## ABC2

**6.00** Children's Programs. **4.25** Mister Maker's Arty Party. **4.45** Pocoyo. **4.55** The Numtums. **5.00** Wallykazam! **5.25** Peg + Cat. **5.40** Peppa Pig. **5.50** Kazoops! **6.00** Hey Duggee. **6.10** Octonauts. **6.20** Peter Rabbit. **6.35** Jamillah And Aladdin. **6.50** Shaun The Sheep. **7.00** Spicks And Specks. **7.30** River Monsters. (PG) **8.20** #Shelfie With Dan Hong. (PG) **8.30** The Midwives. (PG) **9.30** Pot Cops. (M) **10.20** Shaun Micallef's MAD AS HELL. (PG) **10.50** Jimmy Fallon. (PG) **11.30** TFI Friday. (PG) **12.20** River Monsters. (PG) **1.10** Jimmy Fallon. (PG) **1.50** News Update. **1.55** Close. **5.00** Ella The Elephant. **5.10** Boj. **5.20** The Koala Brothers. **5.35** Angelina Ballerina: The Next Steps. **5.45** Abney & Teal.

## SBS

**6.00** WorldWatch. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News. **12.30** Turkish News. **1.00** PBS News. **2.00** Colour Theory. **2.30** Colour Theory. **3.00** The Point Review. **3.30** Heston's In Search Of Perfection. (PG) **4.00** Heston's In Search Of Perfection. **4.30** Who Do You Think You Are? (PG) **5.30** Letters And Numbers. **6.00** Rachel Khoo's Kitchen Notebook: London. **6.30** SBS World News. **7.30** Dancing Cheek To Cheek. (PG) **8.35** Movie: Hyde Park On Hudson. (2012) **10.20** SBS News. **11.00** Movie: Burning Man. (MA15+) (2011) **1.05** Hard. (MA15+) Final. **1.40** The Bridge. (MA15+) **2.45** The Bridge. (MA15+) **3.50** The Bridge. (M) **5.00** CCTV English News. **5.30** NHK World English News.

## SBS2

**6.00** WorldWatch. **11.00** Japanese News. **11.35** Punjabi News. **12.05** Hindi News. **12.30** Dutch News. **1.00** Urdu News. **1.30** Tamil News. **2.00** Thai News. **2.30** Sri Lankan Sinhalese News. **3.00** Bangla News. **3.30** Armenian News. **4.00** The Feed. **4.30** The Raft. (PG) **5.25** 365: Every Day Documentaries. **5.30** Adam Ruins Everything. (PG) **6.00** If You Are The One. **7.00** The Birthday Boys. (PG) **7.30** Friday Feed. **8.05** Brain Games. **8.30** Adam Looking For Eve. **9.20** Adam Looking For Eve. **10.15** MythBusters. (PG) **11.15** Movie: Journey To The West. (M) (2013) **1.15** Movie: Black Heaven. (M) (2010) **3.10** PopAsia. (PG) **4.15** NHK World English News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**6.30pm Pitch Perfect 2** (2015) Comedy. Anna Kendrick, Rebel Wilson. (M) **Premiere** **8.30pm Robin Hood: Prince Of Thieves** (1991) Adventure. Kevin Costner, Alan Rickman. (M) **Masterpiece** **8.30pm Starsky & Hutch** (2004) Comedy. Ben Stiller. (M) **Comedy GENERAL** **8.30pm RuPaul's All Stars Drag Race.** (M) **Arena** **8.30pm Law & Order: SVU.** (MA15+) **Universal Channel** **DOCUMENTARY** **7.30pm Original Sin: Sex.** (M) **National Geographic** **8.30pm Mighty Cruise Ships.** (PG) **Discovery** **9.30pm Railroad Australia.** (PG) **Discovery** **SPORT** **7.00am Golf.** Ryder Cup. Opening Ceremony. **Fox Sports 3** **10.00am Ice Hockey.** World Cup. Finals. Game 2. **ESPN2** **10.30pm Cricket.** One-day International. Australia v South Africa. Game 1. **Fox Sports 4**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

## PERSONAL TRAINING | FEMALE TRAINER PERSONAL GYM | PERSONAL ATTENTION

**“SUCCESS COMES EASY” SAID NO ONE EVER**

CALL 0421 469 025 or EMAIL [tiffinee@live.com](mailto:tiffinee@live.com)

NO JOINING FEES • NO CONTRACTS • AFFORDABLE RATES

## Advertisement



## Are you ready?

The new Redcliffe Peninsula line is opening on 4 October 2016!

There will be changes to trains on the Caboolture and Sunshine Coast lines to allow for new services on the new Redcliffe Peninsula line.

We're also making changes to some buses in the Moreton Bay region, to get you connected to the new train line and improve your local bus network.

Your new Moreton Bay region network will give you:

- 650 new weekly train services
- better connections between buses and trains
- buses servicing new and growing areas for the first time
- an easier-to-use network with simplified bus routes
- more trips and longer operating hours on some services.

Have questions about your new network or want to find out more? Come along to one of our information sessions in September/October (see website for session locations and times).

Visit [translink.com.au](http://translink.com.au) or call 13 12 30



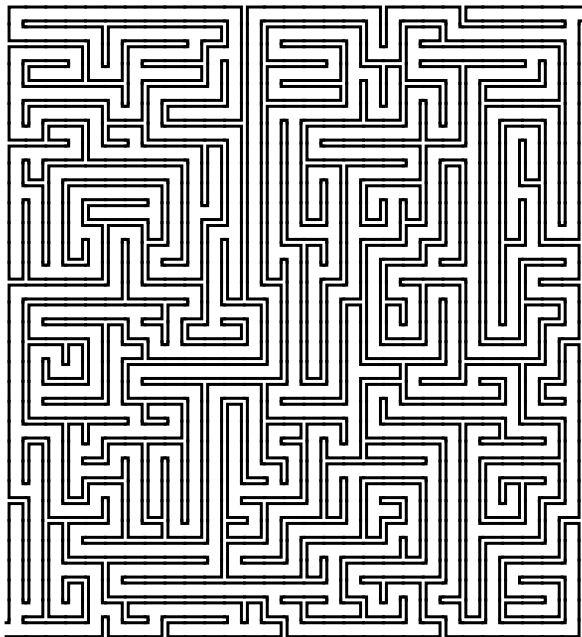
Authorised by the Queensland Government, George Street, Brisbane.



# Sudoku

						1		6
3	6	5	1					
1		2						5
	7			2	9	8		
		3	8	4			5	
9						7		3
					2	9	1	4
8		1						

## Amazing Mazes



## Crossword Solution from last issue

C	U	C	S	A	A	F		
A	I	R	S	T	R	I	P	Q
V	E		O	E	U	T	L	A
P	I	E	R	C	O	C	K	A
L		U		I	N	C	A	S
P	I	X	I	E	S	A	M	A
A	M			L	U	P		R
S	N	A	P	P	E	R	S	T
		R	M	E		T	A	N
L	I	F	E	S	P	A	N	D
N	S		O	T	I		E	R
C	R	O	S	S	W	O	R	D
O	I	E		A	U	R	O	S
L	A	B	O	U	R	N	A	S
D	N	S		T	E	A	K	C

# Crossword 6450

Kindly provided Olympics 2020 hopeful - Laurie Stibbe

## ACROSS

- 1 Street procession
- 4 Velocipede
- 9 Eye cosmetic
- 10 From that time
- 11 Make amendments to
- 12 Accord
- 13 Radio announcers
- 15 Refuge
- 17 Greiving
- 19 Made up one's mind
- 22 Collapse
- 24 Cake adornment
- 26 Additional
- 27 Rainbow lorikeet favorite food
- 28 Greatest vertical dimension
- 29 Middle

## DOWN

- 1 Brown and white horse
- 2 Pass rope through opening
- 3 Preserve by removing water
- 4 Memorable saying
- 5 Social status
- 6 Vain
- 7 Expels
- 8 Models of excellence
- 14 Primary
- 16 Exact copy
- 18 Opinion
- 19 Evening meal
- 20 Reduce in worth
- 21 Most contemptible
- 23 Rascal
- 25 Intake

1		2		3				4		5		6		7
					8									
9									10					
11						12								
13		14						15		16				
	17					18		19						20
21														
22				23						24		25		
26						27								
28										29				

## COMMUNITY NOTICE BOARD ONLINE

Are you looking for something to do? Visit the region's foremost community guide where you'll find like-minded individuals of all interests, events, local special interest groups for all ages, guidance and support if you need it.

[www.northlakemessenger.com.au](http://www.northlakemessenger.com.au)

The Community Notice Board is a free service provided by the Messenger for community, social and non-profit organisations

To post email: [community@northlakemessenger.com.au](mailto:community@northlakemessenger.com.au)

- Maximum of 60 words per submission
- Please resubmit your item in full when making alterations
- Entries updated every Thursday
- Your submission will run ongoing until you notify us otherwise

## For Sale



Mango Hill 25 Grassway Street

4 2 2

### Park Vista Estate Mango Hill

- \* 4 generous bedrooms, main with Ens, WIR, ceiling fan & air-con
- \* Ceiling fans and built in robes in the other 3 bedrooms
- \* Great kitchen area with gas cook top and good bench space
- \* Main living area with air-con
- \* Generous covered alfresco area
- \* Main living area is of good size combine that with the outdoor alfresco area, makes this a spacious living area.

**For Sale**

**\$449,000**

Open Home

Please call for your private inspection

Paul Jopson

M 0426 828 647



## For Sale



Burpengary 34 Chestnut Drive

5 3 14

### Unbelievably Unique

A sense of arrival that spells anticipation, together with architectural flair & improvements above & beyond anything currently available Burpengary. In the simplest of terms - breathtaking, spellbinding, unique. With 3/4 acre, 280m2 of sheds, 5 tonne off set hoist & mezzanine floor. You will enjoy resort style living, sparkling in-ground heated pool, spa, barbeque & entertainment area. This architecturally designed home includes family room, rumpus room, separate office, separate lounge room and dining room, room for truck, caravan and undercover room for 14 cars.

**For Sale**

**\$980,000**

Open Home

Please call for your private inspection

Kerry Marks

M 0409 345 987





## For Sale



Murrumba Downs 16 Waranga Court

3 2 2

### A Duplex That Thinks it's a House

- \* 3 bedrooms, master ensuite and WIR
- \* Modern kitchen with gas cooktop and electric stove
- \* Air Conditioned throughout
- \* Additional downstairs toilet
- \* Covered outdoor area
- \* Fully fenced and totally private
- \* Low maintenance garden

### For Sale

\$395,000

Open Home  
Please call for your private inspection

Rod Sheather  
M 0412 745 784



### Short Stay Rental Accommodation



Luxurious Apartment in North Lakes 2 2 1

This spacious 2 bedroom, 2 bath self-contained apartment is equipped with everything you need for a comfy stay. With stunning views of Lake Eden and within walking distance of Westfield shopping centre, cinemas and ample cafés, restaurants and bars right on your doorstep, this apartment will not disappoint.

Contact Harcourts North Lakes for availability & pricing on  
**07 3491 7180.**

## Just Listed



10 Dunnart Street, North Lakes  
\$509,000

4 bed, 2 bath, 2 car

Call Kerry Marks 0409 345 987



6 Morwell Crescent, North Lakes  
\$565,000

4 bed, 2 bath, 2 car

Call Kerry Marks 0409 345 987



25 Grassway Street, Mango Hill  
\$449,000

4 bed, 2 bath, 1 car

Call Paul Jopson 0426 828 647



17 Majella Court, Caboolture South  
\$375,000

4 bed, 2 bath, 2 car

Call Kerry Marks 0409 345 987









## North Lakes 13 Copeland Drive

### 869m2 lot! PRIME North Lakes Position! Ex-Display Home! Pool! Backing Golf! Sale

Beautifully established and maintained to perfection this large family residence is in a superior North Lakes location in Freshwater Precinct. Perched on an 869m2 prime parcel of land backing the golf course on prestigious Copeland Drive, you'll find Lake Eden, Parks, Playgrounds & BBQ areas are all just a moment away and with a footpath right outside your door that will lead you a very short walk to the School Zone, Westfield Shopping Centre and to all of the close-by surrounding infrastructure.

- Large Master with ensuite & double shower
- 4 Generously Sized Bedrooms + Large study or 5th Bedroom
- Massive Open Plan Living Area
- Spacious Kitchen
- Inground Pool

\$649,000+

Darren & Lisa Suhle

0400 197 529

View Saturday 10.00 - 10.30am

darren.suhle@raywhite.com

3/13 Discovery Drive North Lakes

3482 3501 / 3491 9153

raywhitenorthlakesqld.com.au

raywhitemangohill.com.au

4 2 2



## Ray White North Lakes | Mango Hill



### 31 Hotham Close, North Lakes

Brand New, Club North, Golf Course Frontage

Sale \$849,000

5 2 2



### 5 Suntrust Street, North Lakes

Stylish Metricon Beauty

Sale \$439,000

3 2 2

## Tony & Nadine Wilkie

0406 861 210



Ray White North Lakes | Mango Hill



### North Lakes 3 Hare Street

3 2 2

### Abundant in Space! 3 Large Bedrooms & 4 Living Areas!

The 4 Living Areas this home include a Media room & Big Rumpus room - making this home perfect for those who need 3 bedrooms but crave space in all other areas. Your imagination can run wild and limitless here - It's up to you how you would use the many large living areas of this home - for example, the Media Room could also make a huge study or additional lounge room. There is a separate Spacious Family Room with feature walls and component nook for the TV cabinet and accessories. The kitchen and breakfast bar overlooks both the entertaining area and a large open-plan living room that provides plenty enough space be a dedicated meals area.

### Sale

For Sale By Tender

View Saturday 10.00-10.30am

Darren & Lisa Suhle

0400 197 529

darren.suhle@raywhite.com

raywhitenorthlakesqld.com.au

raywhitemangohill.com.au



Ray White North Lakes | Mango Hill





**North Lakes 36 Lochside Drive**

## UNMATCHED POSITION, 952M2 LOT OVERLOOKING LAKE EDEN

Darren & Lisa Suhle are thrilled to present to the market this Large Executive Family Manor, spanning gracefully over two generous levels and perched on a massive allotment overlooking stunning Lake Eden in Freshwater precinct.

Positioned with matchless distinction on a tremendous 952m2 lot in a truly sought after position this highly admired residence truly delights the eye - the beautifully landscaped grounds offer stunning visual presentation outwardly and are rivalled only by the Grandeur of the interior and rear landscaping.

Truly tranquil and calming - not just a home, but a private sanctuary you'll want to hurry home to... every day, forever. Call Darren Suhle today to arrange your viewing.



4 3 2

### Sale

\$899,000+

**View By Appointment**

**Darren & Lisa Suhle 0400 197 529**

**darren.suhle@raywhite.com**

3/13 Discovery Drive North Lakes

3482 3501 / 3491 9153

raywhitenorthlakesqld.com.au

raywhitemangohill.com.au



**Ray White North Lakes | Mango Hill**



**Ray White.**



Thinking of  
**Renting** out  
Your home?

## Ray White\_Know How To manage your property!

Exceptional property management means confidence for property investors. With the Ray White\_Know How, you will have the security of knowing that your requests are in capable hands at Ray White North Lakes | Mango Hill.

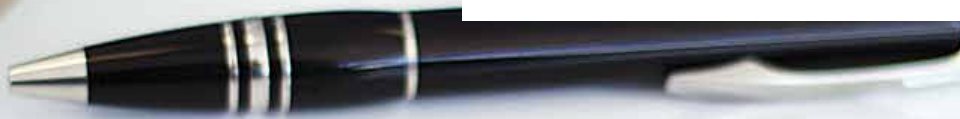
Call **Rebecca Welch** now on **0410 242 017** for property management focused on wealth creation.



**Ray White North Lakes | Mango Hill**



BRIDGEBURY  
— REAL ESTATE —



BRIDGEBURY  
— REAL ESTATE —

# ARE YOU THINKING OF SELLING??

Contact us today to find out what makes us stand out  
from our competitors on 07 3180 2800!

## FOR RENT

**\$900 PER WEEK**



### 8 Trevino Parade, North Lakes

A one of a kind home in North Lakes, each bedroom has its own en-suite and all with the exception of one has a full walk in robe (the one has a built in robe). Low maintenance with high quality AstroTurf out the back surround the stunning pool area. The dimensions of this home is huge! Do not miss out, contact us today to have your own piece of paradise.



[www.bridgebury.com.au](http://www.bridgebury.com.au)

5 / 27 Discovery Drive, North Lakes | Tel: (07) 3180 2800 | E-mail: [info@bridgebury.com.au](mailto:info@bridgebury.com.au)



# Experience isn't expensive...

## It's Priceless !!!

SOLD \$725,000



50 LIBERTY CIRCUIT, NORTH LAKES

SOLD \$727,500



18 SARABAH STREET, NORTH LAKES

SOLD \$430,000



24 BYFIELD STREET, NORTH LAKES

Sold \$605,000



44 CORIANDER DRIVE, GRIFFIN



Janelle Stratford-Evans  
ph: 0413 262 959

**eview** | **aqua**  
GROUP PROPERTIES

1300 aqua sell = 1300 278 273

4 & 5 / 5 McLennan Court, North Lakes  
[www.aqua.eview.com.au](http://www.aqua.eview.com.au)



Natalie Wells  
ph: 0419 216 883

Excellent Service  
Local Knowledge  
Outstanding Results  
Enthusiasm & Experience

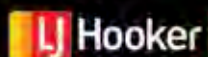


# Open Days 7

**Stop guessing Call Arun Chhikara now for a FREE and honest market appraisal before 30/11/16 and you could win \$1 Million to spend of property with LJ hooker**

Arun Chhikara  
0437 612 548

LJ Hooker North Lakes / Mango Hill  
07 3491 7733  
achhikara.northlakes@ljh.com.au



northlakes.ljhooker.com.au



"Hard Work  
Leads to  
Success"



**Here's some recent Dealsdone within the last few months and happy Seller's comments below!**

### Great agent, exceptional communication & service

Colin's approach was professional advising me of my obligations and rights. His real estate and market knowledge helped enormously in setting a realistic approach to how to manage the sale of the property. Communication in this case was key and Colin always kept me informed and managed the communication between all parties involved - unit complex management team, body corporate, tenants, new buyer and even tradespeople. Some items from the building report needed correction and Colin even assisted with communicating with the tradespeople so that the restoration work was completed in a timely manner as it was key to the sale going unconditional on time. I highly recommend Colin as an agent. Having bought and sold several properties in the past I was very impressed with Colin's personal approach and the level of service and support he applies to his real estate duties.

Carmel - 09 September 2016

Mrs A.A Sheridan

9/08/16

To whom it may concern

I am writing this reference in support of Colin Street, I would highly recommend the services of Colin to anyone who is considering selling their home or any other real- estate property. Colin recently sold our property, which we had anticipated would be a complex process as my husband and myself live interstate. However we were fortunate enough to have Colin navigate and take control of the whole process from beginning to end.

We were extremely impressed in the professional service we received from Colin, which was not only due to his extensive knowledge and experience in real estate, but also because of the honest and ethical manner in which he conducted himself and the affairs associated to our sale.

Colin always returned our calls and kept us up to date in detail with what was happening, often going the extra mile to ensure that we received the best possible conditions related to the sale of our property. We will centrally with no hesitation seek the services of Colin for any future property sale or purchase.

Sincerely

A Sheridan

*Constantly negotiating ...*

# Dealsdone

When you're ready... @realty





**AFFINITY PROPERTY**  
**AUSTRALIA**

**Knowledge is power... Do you want to learn  
how to buy your First Home?**



**BUY WITH A  
\$1,000  
DEPOSIT**

***Come to our FREE property seminar and learn how  
you can use your first home owners grant!***

**WHERE:** North Lakes Golf Club  
**WHEN:** Thursday 20 October 2016  
**TIME:** 6pm  
**RSVP:** Call 07 3293 9120 or visit [www.affinityproperty.net.au](http://www.affinityproperty.net.au)

This event will provide you with detailed information from leading property, legal and finance experts. We will show you how to buy a new home, townhouse or apartment as a First Home Buyer.

**Book now to secure your seats!**



# TRADES & SERVICES DIRECTORY

Every local trade and service you could possibly need at your fingertips, right here, every week.

AIR CONDITIONING

LANDSCAPING

BOOKKEEPING

ADVERTISING

PEST

PETS

POOLS

CLEANING

PLUMBER

COMPUTERS

PAINTER

ELECTRICAL

TILING



## ACCOUNTANTS



### Rosemarie King

Accounting & Taxation Services

Over thirty years experience in Income Tax Preparation for:

- Individuals - inc investors
- Sole Traders & Partnerships
- Companies & Trusts
- SMSF & Deceased Estates

North Lakes

[www.RosemarieKing.com](http://www.RosemarieKing.com) / 3481 0249 / 0488012677

## NAS TAX

NORTHERN ACCOUNTING SOLUTIONS PTY LTD

Registered TAX Agents & Public accountants

PRICE FROM \$90 PLUS GST

By Appointment or Walk-Ins Welcome  
Based at Deception Bay Shopping Centre  
opposite EB Games

Office also at Boondall  
1300 734 723



## BOOKKEEPING

Like us on

GST, PAYG & Write Up • Registered BAS Agent

Ph: 0403599381 • [www.mksaccounts.com.au](http://www.mksaccounts.com.au)

## ADVERTISING / DESIGN / PRINT

## advanced adsignz

Specialising In Large Format Digital Printing

Your local One-Stop Sign Shop

Design | Retail & Commercial Signage | Corflutes | Pull Up Banners  
Light Boxes | LED Lettering and much more...

[adsignz.com.au](http://adsignz.com.au) 1300 300 608

Websites. Graphic Design  
Logo's. Brochures. Posters  
Advertising. Displays. Flyers  
Signage. Stationery. Cards.  
Printing. Digital Emails  
Menus and much more



[justsayah.com.au](http://justsayah.com.au)

Call Tracy 0411 405 225



## AUTOMOTIVE

## DNB CAR DETAILING

WE COME TO YOU

FREE QUOTES, INTERIOR & EXTERIOR DETAIL FROM \$40.  
SHAMPOOING SEATS & CARPETS FROM \$75, CUT & POLISH FROM \$50.

CALL: 0401949401 OR EMAIL: [DNBDETAILING23@GMAIL.COM](mailto:DNBDETAILING23@GMAIL.COM)

## CARPET CLEANING

Carpet Cleaning available now!



## CLEANING SERVICES

## Ready Cleaning Services

Local Carpet Steam Cleaning & much more

**SPECIAL OFFER**  
Present this ad to receive  
**3 Rooms for \$95\***  
\*Conditions apply

Free quote call **0404 001 761**  
[www.readycleaning.com.au](http://www.readycleaning.com.au)

YOUR AD HERE

## COMPUTERS

## PC Doctor Callout \$50p/h

- Virus & Malware Removals
- Upgrades
- Computer Repairs & Maintenance
- New Builds

Call Peter on 0487 133 166 or [rutterpeter@hotmail.com](mailto:rutterpeter@hotmail.com)



## CONCRETING SERVICES

## NORTHSIDE CONCRETING

♦ Driveways ♦ Paths ♦ Shed Slabs ♦ Exposed  
No job too small FREE QUOTES  
0411 647 800

Work under  
3,300 only

## DANCE

**DANCE ACADEMY IN NORTH LAKES**  
T: (07) 3481 2408  
[www.fivestardance.com.au](http://www.fivestardance.com.au) M: 0422-592-124  
BALLET - JAZZ - TAP - CONTEMPORARY - HIP HOP  
ACROBATICS - MUSICAL THEATRE - POINTE WORK  
BIRTHDAY DISCO DANCE PARTIES

## ELECTRICAL

**Bob Electrical Solutions** Pty Ltd  
Electrical Lic: No:75384 Air Con Lic No:L083766 Data Lic No:A033193  
**10% DISCOUNT TO ALL NEW CUSTOMERS**  
**QUALITY • LOCAL • 24/7 SERVICE**  
**Call Bob 0422 895 517**  
For all your electrical, air conditioning and communication solutions

## Electrician

- Domestic lighting & power
- Air Conditioning
- Home Automation
- 24hr service
- Design & wire new houses
- LED lighting upgrades
- Renovations & rewires

**Loadstar** Electrical  
Your trusted local electrician



Ph: 0405 264 898

[www.loadstar.com.au](http://www.loadstar.com.au)



Electrical Licence No - 78872

**NORTH LAKES ELECTRICAL**  
CALL ROB, TODAY!  
24HR SERVICE  
Residential & Commercial  
**0411 776 551**  
[www.northlakeselectrical.com](http://www.northlakeselectrical.com)

YOUR AD HERE

YOUR AD HERE



## HANDYMAN/MAINTENANCE

**Impressive Building Services**  
QBCC Build Lic. 1117978

- General property repairs and maintenance
- Additions and extensions
- Bathroom and kitchen renovations
- Decking and pergolas
- General carpentry work
- Emergency repairs
- Painting
- Free quotes

Ph. 0474 641 691  
impressivebuildingservices@outlook.com

**SKIP-IT**  
ENVIRONMENTAL SERVICE

Find us on Facebook

Skips At Competitive Rates/Local Family Business  
**1300 659 660 www.skip-it.com.au**

**HOME MAINTENANCE BY VIC**  
Plaster & Painting • Waterproofing & Fencing • Turfing & Paving  
Over 30 Years' Experience • Free Quotes • Pensioner Discount  
CALL VIC - 0498 491 884 (JOBS UNDER \$300 ONLY)

**LAKES HOME & PROPERTY MAINTENANCE**  
\*Plumbing \*Drainage \*Roof & gutter cleaning \*Painting \*Complete landscaping/ rubbish removal \*Water tank installation \*Driveway cleaning  
\*Lawnmowing \*24 hour quick service \*FREE quotes \*Jobs under \$3,300 only.  
**Call Denesh 0434 586 667**

## HEALTH

**FORCE FOR LIFE FITNESS**  
PRIVATE AIR CONDITIONED FITNESS STUDIO  
LOCATED AT NORTH LAKES  
GOLF IN & OUT IN FITNESS  
TIFFINEE@LIVE.COM  
P-0421 469 025  
FIND ME ON FACEBOOK

## HOME IMPROVEMENTS

**ADVANCED CABINET SOLUTIONS**  
New kitchens or makeovers • Vanities, bathroom cabinetry  
Outdoor kitchens • Wardrobes • Shop & office fitouts  
Entertainment units • Free design & quotes  
**CALL ADAM on 0455 025 252**

**Lees AUTOMATIC GARAGE DOORS**  
GARAGE DOOR REPAIRS  
INSTALL GATE MOTOR  
NEW DOOR INSTALLS  
ABN: 65142327571  
Accreditation:  
Authorized Merlin Installer  
Removal of old doors after job (free)

# ROLLER DOORS  
# TILT DOORS  
# PANEL DOORS  
# REMOTE DOOR OPENERS  
# AUTOMATIC GATES & DOORS  
# REPLACEMENT PARTS  
# NEW REMOTES

E: leesdoors@optusnet.com.au | P: 0403 047 236

**ROOF REPAIRS**  
Leaks / re-bed / point / change broken tiles /  
pressure cleaning / gutters cleaned / whirly birds.  
Honest & reliable Josh : 0414365475 Jobs under \$3300 only

## LANDSCAPING

**Imagine That LANDSCAPES**  
Award Winning Gardens

Garden design, construction and refurbishments, turfing, paving and water features.

Call Alan on **0412 304 324**  
imaginethatlandscapes.com.au

## LAWN MOWING

**HEDGING & LAWN MOWING**  
LAWN MAINTENANCE

Mulching • Fertilising • Weed Control • General Gardening  
Pressure Cleaning • Garden Sculpturing & Cylinder Mowing

Dennis Barker | **0402 842 671**

**Matt's Mowing**  
• Let us care for all your gardening needs •  
**Call Matt on 0438 297 464**  
ABN: 11512613828  
matts\_mowing@bigpond.com

**Freddy's Mowing & Gardening**  
**0434 886 259**  
Friendly, reliable family owned business  
Servicing the local area since 2009

**RJZ Yard Maintenance**  
A Reliable, Family owned business  
Mowing, Edging, Gardening, Weeding, Hedging, Pruning,  
Rubbish removals and Yard clearances.  
**Ph. 0425 654 358**

## PEST

Termites  
Cockroaches  
Silverfish  
Spiders  
Ants  
Rodents  
Fleas

PMT Lic 14304  
ABN 17 846 579 291

**GIO'S PEST CONTROL**  
DON'T PAY TOO MUCH FOR PEST CONTROL!  
Call John  
Servicing all suburbs  
**0413 412 725**  
QUALITY WORK GUARANTEED  
giospestcontrol@bigpond.com  
www.giospestcontrol.com.au

**GOTCHA Pest Control**  
PMT13907 & QBCC 1314207  
FAMILY OWNED & OPERATED

PRE-PURCHASE TIMBER PEST INSPECTIONS  
TERMITE INSPECTIONS & TREATMENTS  
GENERAL PEST CONTROL

Call Dave Rodwell on 0433810166  
E: rodwell.dave@yahoo.com.au

## YOUR AD HERE

## PLUMBING

**Lakeside Plumbing QLD**  
Your friendly local North Lakes Plumbers

- ✓ CCTV camera drain inspections
- ✓ Hydro jetting, drain blockage clearing
- ✓ Taps, Toilets, Hot water, Leaks
- ✓ Rainwater tank / pump repairs
- ✓ No call out fee for North Lakes & Mango Hill residents
- ✓ Free quotes

Steve: 0468 346 006  
admin@lakesideplumbingqld.com

Mention this ad to receive 10% discount 24/7 DAY SERVICE BSA: 1165842

**North Lakes PLUMBING**  
Andrew Sutherland  
**3491 8489**  
works@northlakesplumbingqld.com.au

- Hot Water heaters electric & solar
- Rain water tank pump repairs/ replacement
- Leaking taps, toilets and blocked drains
- 24 / 7 Days

## POOLS

**Royal Pool Care**  
*The clearest of them all*

**MOBILE POOL SERVICE, MAINTENANCE & REPAIRS**

CALL Mitchell on **0410 139 525**  
**WE COME TO YOU**

## YOUR AD HERE

## TILING

**JADO Tiling**  
Commercial & Residential

**ALL ASPECTS OF TILING**  
FREE Quotations\* Local Resident  
**0416 684 428**  
QBCC Lic No is 1305639

## TUITION

**AFFORDABLE & PERSONAL MATH TUTORING (ALL GRADES) in NORTH LAKES**

Do you feel your child is falling behind in class? Struggling with algebra, calculus, geometry, trigonometry, problem solving, or any other math subjects?

Call Hemal on **0433 205 069** to book your first free session

## TV/ANTENNA/CABLE/VIDEO

- Antenna Installs and Repairs
- TV Wall Mounting
- Reception Problems
- Data and Communications
- Media Room and Home Theatre
- Additional TV, Data, Phone Points

**0418-888-649**  
www.tvsolutions.com.au | contact@tvsolutions.com.au

**TV SOLUTIONS**  
Home Technology Made Easy

## The Messenger

Large colour: **\$366** inc GST for 10 weeks  
Large b/w: **\$266** inc GST for 10 weeks  
Small colour: **\$233** inc GST for 10 weeks  
Small b/w: **\$133** inc GST for 10 weeks



## Trades and Services Directory





Innovation  
that excites

# FREE AUTO UP GRADE\*

## NISSAN X-TRAIL ST FREE AUTO



**NISSAN  
DEALER  
EXCELLENCE**  
FV15

**\$29,999**  
DRIVEAWAY\*  
N30831

**SPECIAL**



## NISSAN MICRA ST AUTO

**\$12,888**  
DRIVEAWAY\*  
N30785

**SPECIAL**



\*Valid on new X-TRAIL ST 2WD, Qashqai ST, Qashqai Ti, Navara ST-X 4x4 Dual Cab and Navara ST 4x4 Dual Cab models ordered between 1/8/16 and 30/9/16 and delivered by 31/10/16. Auto upgrade cannot be redeemed for cash. Excludes Government, Rental and National Fleet customers. Excludes special editions. Nissan reserves the right to vary, extend or withdraw this offer. Not available in conjunction with any other offer. #Maximum recommended driveaway price for new models ordered between 1/8/16 and 30/9/16 and delivered by 31/10/16. Prices may vary between dealers. Excludes Government, Rental and National Fleet customers. Nissan reserves the right to vary, extend or withdraw this offer. Premium paint available at additional cost. †Towing capacity is subject to towbar/towball capacity. The capacity may be reduced if a non-genuine Nissan towbar is fitted. ‡For full details of the myNissan Service Certainty program visit [nissan.com.au/service](http://nissan.com.au/service). New Vehicle Warranty expires 3 years from date of first registration or after 100,000km (whichever comes first). Conditions apply. See [nissan.com.au](http://nissan.com.au) for more details. Terms and conditions apply to Roadside Assistance, please visit [nissan.com.au/roadsideassistance](http://nissan.com.au/roadsideassistance)

**Village**  
MOTORS *Group*

**REDCLIFFE**  
425 Elizabeth Ave

**07 3883 0900**



**PETRIE**  
1051-1059 Anzac Ave  
Opposite Petrie Train Station

**07 3285 0600**

**VillageMotors.Com.Au**